

AFHTI Instructor Profiles

Unit Level/ AFHTI Role(s) Approach to Healing Touch **Name** Dr Rosalie Rosalie became a Certified Healing Touch Practitioner Healing Touch Instructor (Units 1-5) in 1996 and has been teaching Healing Touch for over AFHTI Program Coordinator, Instructor Van Aken 20 years. Representative, International Representative Originally from a nursing background, Rosalie completed a PhD in 2004 studying the effects of Healing Touch Instructor Trainer (Units 1-3) Healing Touch on the symptoms of moderate depression. UNIT 1 She has been involved with the Australian Foundation of Healing Touch (AFHTI) since its inception, and sits on the Council as well as serving Healing Beyond Borders on the Certification Board. **UNIT 4** Susan is a Registered Nurse and has been teaching **Susan Ashton** Healing Touch Instructor (Units 1-4) Healing Touch since 2005. She is dedicated to AFHTI President / Chairperson integrating complementary therapies into mainstream healthcare, and coordinates Healing Touch programs in Wauchope and Port Macquarie hospitals. UNIT 1 She has many years' experience teaching professional healthcare workers and people interested in a holistic approach to health and on the AFHTI Council. **UNIT 4** Veronika Oliver Healing Touch Instructor (Units 1-3) Veronika is passionate about advancing the knowledge and benefits of Healing Touch and promoting the role **AFHTI Education Committee** Healing Touch can play in patient health/wellbeing when used alongside traditional medical diagnosis and treatment. **UNIT 1** Veronika hopes to bridge the gap between complementary and traditional medicine, to foster better understanding about Healing Touch's individual and complimentary health values for maintaining or regaining health and wellbeing. **Kay Michaels** Healing Touch Instructor (Unit 1) Kay Michaels is a registered nurse and has been a Certified Healing Touch Practitioner since 2003. She has owned and operated a Private Wellness Clinic **UNIT 1** for 18 years working in a Clinical situation in hospitals. business premises, schools and private homes. Kay holds a Diploma in Parapsychology and has studied to Master Level in Reiki. Ainslie is a retired nurse and has been involved with **Ainslie Allison** Healing Touch Instructor (Unit 1) Healing Touch since 2003. She has practiced Healing AFHTI Council Member Touch at Solariscare in Sir Charles Gardner Hospital since becoming certified in 2007. She has also been a Certified Healing Musician since 2008 playing her harp UNIT 1 at patient's bed side. Ainslie is interested in increasing the profile of Healing Touch in hospitals, medicine and the community and is involved in teaching and support of students and community outreach programs.

Name	Unit Level/ AFHTI Role(s)	Approach to Healing Touch
Anna Nolan	Healing Touch Instructor (Unit 1) Foundations of Healing Touch UNIT 1	A Practitioner since 2014 and Instructor since 2020. I have a home-based Healing Touch business in a semi-rural location and hold regular support group meetings for Healing Touch students.
Glenda Audsley	Healing Touch Instructor (Unit 1) AFHTI Assistant Program Coordinator Foundations of Healing Touch UNIT 1	Glenda has been practicing Healing Touch for over 10 years. She has a strong interest in complementary therapies and has trained in Bowen Therapy, Reiki and Kinesiology. However, her passion is with Healing Touch and the benefits it brings on all levels. Glenda is keen to share her knowledge and experience of Healing Touch so it becomes practiced by everybody, every day, everywhere, in every home and work place.
Pam Sainsbury	Healing Touch Instructor (Unit 1) Foundations of Healing Touch UNIT 1	Pam has worked in nursing home admin, managed an aged care facility and a retirement village. She has a Post Graduate Diploma in Aged Services Management and Human Resource Management. Pam has been involved with Healing Touch (HT) since 2013 and has introduced and works with HT for residents in an Aged Care facility. As a qualified Meditation Instructor, Pam offers a weekly class for a cancer recovery group in Port Macquarie, NSW.
Eve Jarman	Healing Touch Instructor (Unit 1) Foundations of Healing Touch UNIT 1	Born and raised in England, Eve moved with her husband and 3 children first to New Zealand in 2001, then on to Australia in 2004. A registered nurse, she discovered Healing Touch whilst living in Tamworth NSW. In 2014 the family moved to Gladstone, QLD, where Eve completed her studies and qualified as a Certified Healing Touch Practitioner and Instructor. She has inspired classes for Healing Touch in Tamworth and Gladstone, and her passion for the work continues to generate much interest. Healing Touch melds perfectly with her Christian faith and her profession as a nurse.
Susie Nash	Healing Touch Instructor (Unit 1) Foundations of Healing Touch UNIT 1	Susie started her Healing Touch journey in 1999 and says it has been one of fulfilment in many ways. She came from an administration background and is now retired. Susie is also on the AFHT Council and runs the online group meditation every month.