



HEALING BEYOND BORDERS 26TH ANNUAL CONFERENCE  
MOVING INTO PRESENCE: EMBRACING THE FUTURE

## 2022 VIRTUAL CONFERENCE

26<sup>th</sup> Annual International Energy Healing Conference & Instructor Meeting

*“Moving into Presence: Embracing the Future”*

Presented by Healing Beyond Borders

October 14-23, 2022



Available for on-demand viewing through December 31, 2022



SCAN ME



# Healing Beyond Borders

## Educating and Certifying the Healing Touch®

**VISION STATEMENT:** Spread Healing, Light and Love, Creating Wholeness on Earth.

**MISSION STATEMENT:** Our mission is to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch. It is fulfilled by this non-profit membership and educational organization which:

- Administers the Certification process for Healing Touch practitioners and instructors
- Sets international standards of practice and international code of ethics for practitioners and instructors
- Supports Healing Touch students, practitioners and instructors as they develop, practice and serve communities worldwide
- Promotes and provides resources in health care integration and research in Healing Touch
- Provides opportunities for promotion of and education about Healing Touch

### Purpose

The purpose of this annual conference is to provide continuing education for nurses, health care providers and others interested in healing, to strengthen the holistic approach of healing work including body, mind, emotion and spirit. The focus is to enhance self awareness, self care, and to increase the knowledge base of all who are interested in Healing Touch, holistic concepts, and energy therapies, thus enhancing healing, infinite potential and evolution of self, family, community and the world.

**Conference Learner Outcome** Participants will identify one new practice/skill to support one's capacity to move into presence.

### About Our Theme

#### *"Moving into Presence: Embracing the Future"*

Presence is a Core Foundation of Healing Touch. JoEllen Koerner RN, PhD, FAAN, writes, "There is nothing in this world that does not involve a movement toward the soul." She further notes, "Our presence can facilitate or hinder others in their healing efforts. Only in transpersonal relationship can each become the carrier of healing energy and love, facilitating the movement towards wholeness of both in their own unique way." (Koerner, J. 2011)

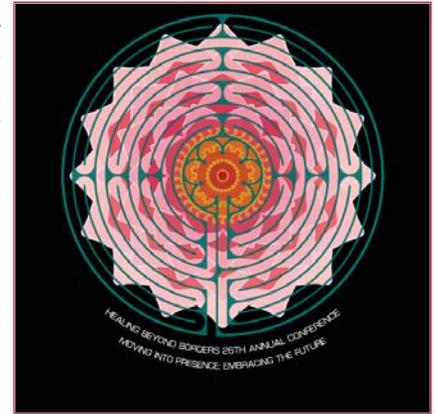
**Presence** has been described by theorists, practitioners, spiritual teachers and theologians as an interpersonal, intrapersonal, and transpersonal phenomenon. As you move toward being a healing presence, there is truly only one place to begin – with yourself. Begin by opening to your individuality, your humanness, your prejudices, your brokenness, your vulnerability, and ultimately, your wholeness. There are practices and skills that support our capacity to move into presence, to be fully available as an instrument of healing for others and ourselves.

### Time: Past, Present, Future

Physicists describe time as an illusion and that there is no past, present and future; rather they all exist concurrently. Einstein hypothesized that time is the 4th dimension within his Theory of Relativity; and space (consisting of 3 dimensions) and time are inseparable. British physicist Julian Barbour, believes that change is real, and the illusion of time is only a reflection of change. Through change, our brains construct a sense of time as if it were flowing. He proposes that "all the evidence we have for time is encoded in static configurations, which we see or experience

subjectively, all of them fitting together to make time seem linear." (Kuhn, R.L., 2015)

Huw Price, Professor Emeritus at the University of Bonn and Emeritus Professor in Philosophy at Cambridge University, claims that the three basic properties of time come not from the physical world but from our mental states: Time is a present moment that is special; some kind of flow or passage; and an absolute direction and difference between past and future. (Price, H., 2022)



From Presence, we have access to past and future within the Now, a place in which healing occurs. In Healing Presence, we honor the Past, our heritage of ancient wisdom and its foundation for living harmoniously on the Earth. We ground within the Now, surrendering to Presence, awareness, and alignment. We explore and embrace the Future, fulfilling our collective vision of Spreading Healing, Light and Love, Creating Wholeness on Earth. Our theme speaks to these concepts of Flow and Time: Past, Present, and envisioning and creating pathways to a Future in which all beings are whole. We consider how we may reach out and serve, both individually and collectively, those who are suffering: patients, caregivers, diverse cultures, the underserved, colleagues, health care professionals, health care systems and our global societies.

### References:

Koerner, JG, (2011). *Healing Presence: The Essence of Nursing*. New York, NY: Springer Publishing Co.

Kuhn, R. L. (2015) *The Illusion of Time: What's Real?* <https://www.space.com/29859-the-illusion-of-time.html>

Price, H. (2022) *What is Time?* <https://www.closetotruth.com/interviews/2849>

# Virtual Conference Information

*We dedicate this conference to the healing of ourselves, the service of those in need, and our beloved planet, Earth.*

## PEACE. RESPECT. HARMONY. COURTESY. KINDNESS.

This conference is a peace, education, and harmony zone. We ask that everyone model "walking our talk", calling forth the highest standard of behavior and vibration of which we are capable. We do this by releasing our judgment and treating our presenters, staff, and fellow attendees with patience, respect, courtesy, compassion and kindness. Please extend a warm welcome to our first time attendees.

## PRESENTATION CONTENT ADVISEMENT

Healing Beyond Borders makes no claims of endorsement of any therapy, technique or product explored within this conference. It is up to the individual practitioner to take full responsibility for utilizing the methods learned and apply them within his/her legal scope of practice. Note: Content and Schedule are subject to change.

## SPEAKER HANDOUTS

Speaker handouts will be located on the virtual platform for those presenters who have made them available.

## RECORDING

No private recordings by any means are permitted of any conference content or speaker without explicit written permission from **BOTH** Healing Beyond Borders and the Presenter. Healing Beyond Borders staff will be taking virtual conference photos and some filming during the conference for use on our website and future publications.

## CONFERENCE EVALUATION & CERTIFICATES

Our conference evaluation and certificate system is on line. Go to [www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org), under Latest News (left side of lower website front page). Click on 2022 Virtual Conference Evaluation. You will be directed to a Log In Screen: Your SIGN ON is your email that you listed on your conference registration form. Your password is HBB. Complete your evaluation. Upon completion of the Online Evaluation, Contact Hours will be

automatically calculated and you will then be able to print your Certificate. Participant Evaluations will be accepted for continuing education credit up to December 31, 2022. Requests for certificates after that date will be charged a \$20 processing fee.

## INDEMNIFICATION

Healing Beyond Borders reserves the right to refuse conference registration if HBB determines that the registrant would detract from the goals and/or security of the conference. Healing Beyond Borders reserves the right to request that a person attending the conference leave if HBB determines that the registrant detracts from the goals and/or security of the conference.



## CONTINUING EDUCATION

This activity has been submitted to the American Holistic Nurses Association for approval to award contact hours. The American Holistic Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Healing Touch International, Inc./Healing Beyond Borders is a provider approved by the **California Board of Registered Nursing**, Provider Number CEP15275.

"The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®."

Registered conference attendees will be eligible to earn nursing contact hours from this conference by completing online evaluations for sessions they attended. Please remember you must attend the entire workshop for which you are registered to receive continuing education for that workshop; there is no partial credit awarded.



## 2022 Conference Program Committee

Gina Bondurant RN, BSN, CHTP/I, Herbalist; Victoria E. Cornelius MD, CHTP, RYT 200 hours;  
Christine Stewart RN, MSNc, CCRN, CHTP/I; Lisa Anselme BLS, RN, HN-BC, CHTP/I; Carol Schoenecker RN, BSN, HN-BC, CHTP/I  
Caroline Niewenhaus RN, BS, CHTP/I; Barbara Schommer RN, MS, CHTP/I; Christa Voorn RN, BScN, CHTP/I  
Labyrinth Lotus 2022 Conference Logo Design by Cat Miller BFA

# Speakers

## JoEllen Koerner PhD, FAAN



JoEllen Koerner has enjoyed a lifelong nursing career, practicing in diverse settings from a rural 10 bed hospital in South Dakota to a computer-based 'Primary Care Clinic in the Cloud' that reaches from Africa to Switzerland to the Reservations of the Great Plains. A third-generation descendent of Mennonites migrating from Russia to homestead in America where the railroad ended - the

Dakota Plains - her family would have perished their first winter without the support of the generous Lakota Sioux Nation. The bond of respect and friendship between these two cultures has spanned generations, giving rich depth of understanding to her world view and meaning to her lifework.

Born in 1946 at Sioux Valley Hospital in Sioux Falls, SD, JoEllen grew up in the small town of Freeman (population 1000) where she spoke only German until learning English in Grade School. Her love of nursing began when, at age 5, she made daily trips for cat care to the home of 93-year-old neighbor Mrs. Brown. Jo noticed that as she fed the cat and asked questions of Mrs. Brown, the elderly woman would shift from a quiet and withdrawn stance to become an animated and energetic storyteller. Cloudy eyes would sharpen, delight would fill her face - a caring presence is the catalyst that quickens another's life force - the primary source of healing.

After high school graduation, JoEllen attended Sioux Valley Hospital School of Nursing, taking her first position there. She quickly discovered a major key to an exciting and ever-evolving professional career - simply tap into the birthright gifts we all are born with - curiosity, wonder and creativity. She never applied for a job, rather, she was always invited to the next one by simply being open to what was in front of her - and willing to take a risk because she knew that others much wiser would be there to show the way.

JoEllen was appointed by USD School of Medicine to the health team that established telemetry-based cardiac care in SD. After extensive technology-enhanced training, 20 monitored cardiac beds were opened at SVH. The group then trained coronary care teams in small and mid-sized rural hospitals throughout the state. Twenty years later, one of those rural coronary units saved her father's life.

JoEllen returned to the farm and raised twin children with her husband, Dennis. During that time she worked in a rural medical clinic, providing primary care to families in the region. As the children grew, she turned to nursing education, serving as Nursing Chair at Freeman Jr College. She then became Executive Secretary of the SD Board of Nursing. Working

closely with the SD Medical Board and SDSU Graduate Nursing Program, legislation was passed to provide licensure for Advanced Practice Nurses. At a time of physician shortage coupled with an aging population facing increasing chronic care needs, the presence of APN providers greatly enhanced primary care provision throughout the state.

SVH brought JoEllen back as VP for Patient Services. She was charged with designing and delivering patient care in an increasingly complex environment of advancing technology, changing roles of MDs and RNs, increasing chronic and acute illness statewide, and decreasing federal/insurance funding for care. To manage these complexities with quality in a cost-efficient manner, a unique care delivery model was designed. Patient Centered Care Units were established to include the patient and family as active members of the care team. Collaborative Care Teams, Home Health and Case Management was initiated to bring complex and chronic patients back to rural communities rather than spending months in a hospital bed. Clinical and cost outcomes were exceptional, attracting much national attention. A Healthcare Study Abroad Exchange from Beijing China explored rural health care at SVH. Ideas for care were taken back to China, and a Professional Partnership Program was designed to help with ongoing skill building and administrative programming.

In 2013 JoEllen joined a five-member interdisciplinary team at CareSpan to design and develop a 'virtual clinic in the cloud' to serve remote and underserved rural communities and SD reservations. The Great Plains Regional Tribal Chairman's Council, a consortium of 18 reservations in SD, ND, Nebraska and Iowa, serving 415,000 people, now has access to care. JoEllen worked with SDSU College of Nursing to train a new generation of APNs in digital health care delivery, helping address shortages of primary health-care providers in remote parts of the globe.

Throughout her career, JoEllen made a significant contribution to the advancement of nursing scholarship as the author of 4 books, including *Healing Presence: The Essence of Nursing*; *Mother Healing Myself: An Intergenerational Healing Journey Between Two Worlds*; *Death by Completion: A Guide to Conscious Dying*; *My Life My Canvas: My Way*; and 26 professional book chapters and 90 articles focused on nursing science and ethical leadership development. She was invited to the White House to represent SD nurses during the Bush Administration. Elected President of the American Organization of Nurse Executives, she was the third recipient of the AONE Lifetime Achievement Award based on the SVH Patient Care Delivery Model and exemplary clinical outcomes obtained. In 2016, JoEllen was inducted into the South Dakota Hall of Fame. This award celebrates all who offer daily deeds of service to improve quality of life - the ultimate act of excellence!

# Speakers

## Michelle Reugebrink NBC-HWC, Mindfulness & Resiliency Program Manager



Michelle's recent positions held were Civil Rights Training Specialist and Health, Wellness, and Resiliency Manager. Michelle worked for 16 years on wildland fire engines, hand crews, and hotshot crews and still holds fire quals. She worked several years as an Occupational Health and Safety Manager

for the Pacific Southwest Region in California, Hawaii, and the Pacific Islands. Michelle was featured in the April 2018, 5th anniversary edition of Mindful magazine for her work around Mindfulness-Based Stress Reduction (MBSR) and coaching. Michelle was also featured in TIME magazine's anniversary addition September 2018, 2019, & 2020 for her work in teaching mindfulness. She received the Regional Forester's Honor Award in Safety Leadership in November 2011. Michelle is a National Board-Certified Health and Wellness Coach (NBC-HWC), a Professional Integrative Health Coach through Duke University's Integrative Medicine program, a member of the International Coaching Federation and (ICF-MCC), Executive coach, and a member of the Global Integrative Health Coaching Alliance. Michelle is a senior mentor for the Federal Internal coach program through Office of Personnel Management and the first in the federal government to be a Master Certified Coach. Michelle is a Certified Personal Trainer through American Council on Exercise. Michelle is a certified MBSR teacher through the University of Massachusetts Medical School. Michelle completed Trauma-Sensitive Yoga and Resiliency training to benefit First Responders. Michelle co-authored two Pocket guides, "*Stress Control and Resilience and Crisis Intervention*" and "*Recovering from Traumatic Stress*", in 2014. Michelle is a certified Forest Therapy Guided through the Association of Nature and Forest Therapy. Michelle is an active advocate for restorative and transformative justice. Michelle is also a certified Holistic Stress Management Instructor.

In April of 2012, Michelle was part of a documentary for the National Fallen Firefighter Foundation to share stories and learn from a fatality fire in 1994 "Storm King Mountain". In 2008, Baskin-Robbins and the National Fallen Firefighter Foundation named Michelle Reugebrink one of America's 31 Firefighting Heroes. This honor recognizes her for outstanding acts of valor and commitment to the ideals of community service and protection of life as a Forest Safety Officer and wildland firefighter. In 2007, Michelle received the Chief's award for Health and Safety, in honor of and appreciation for "Her Passion and Caring for Employee Safety and Well Being." Michelle is a member of the Central Valley and Sierra Foothills Critical Incident Stress Management Team, qualified in Crisis Management Briefing, Defusing and CISD (Debriefing), Individual and Group Crisis Intervention. Michelle is also a Peer-coach Trainer - Helping firefighters deal with psychological stress from daily routine and extraordinary events.

Michelle is a qualified soccer coach through the American Sports Education Program and coached 10 years for American Youth Soccer Organization (AYSO) and is an Advanced soccer Coach for AYSO. Michelle is married to Robert Reugebrink who works for the USFS as a Road Manager. Her oldest son is attending the University of Nevada Reno School of Medicine Physician Assistant Studies. Her youngest son completed his 5 years of college with a Bachelor of Science in Electrical Engineering and a minor in Mathematics and works for EN Engineering. Their family is avid outdoor people. They enjoy hiking / dirt bikes / quads / downhill mountain biking. They love spending time together. They have a cat named Aki. The most important thing to Michelle is to provide the container for every person to be present, to belong, hold optimal health and well-being inside and out, enjoy their life and loved ones fully, and to bring their BEST energy to those who mean the most to them at the end of the day.

*"Enjoy Being. Remember, do not worry about tomorrow as you will lose today."* ~ Michelle Reugebrink

## Pamela Miles RM, Author, Medical Reiki Expert



Pamela Miles is an internationally renowned Reiki master and the foremost Medical Reiki pioneer, bringing the practice to conventional medicine in the 90s. Over the course of nearly four decades of experience with spiritual practice, she's collaborated on various projects with academic medical centers including Yale, Harvard and the National Institutes of Health. Pamela has

been published in peer-reviewed medical journals, including the preeminent Journal of the American College of Cardiology.

She's also brought her insight to corporate outlets such as Google and Unilever.

Pamela's expertise in Reiki and integrative health has been featured in mainstream media including The Dr. Oz Show, NBC, CBS, CNN, FOX, The Atlantic, Forbes, US News & World Report, New York Magazine, Allure, and Self. She is also the author of the award-winning REIKI: A Comprehensive Guide, the only Reiki book written for the mainstream public and healthcare professionals.

When she's not helping her private clients strengthen their health and well-being, she's championing Protect Reiki, her initiative to defend the public's freedom to practice Reiki as they choose. Pamela is a mother of two adult children and is based in New York City.

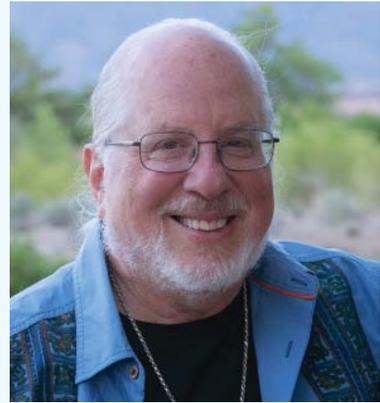
# Speakers

## Kenneth Cohen MA Qigong and Tai Chi Grandmaster

Kenneth Cohen, world renowned Qigong and Tai Chi Grandmaster, has been practicing Chinese healing, contemplative, and martial arts since 1968. He is the author of the critically acclaimed book *The Way of Qigong: The Art and Science of Chinese Energy Healing* and more than 200 journal articles on spirituality and health. In 1974 Ken received the Teaching Certificate from the William C.C. Chen School of T'ai Chi Ch'uan and later

became the only apprentice to Taoist Abbot Huang Gengshi (1910-1999). Ken speaks and reads the Chinese language, and his academic training includes graduate study of Taoism and theology.

Passionate about the dialogue between ancient wisdom and modern science, Ken was one of 9 "exceptional healers" studied in the Menninger Clinic's Copper Wall Project. His seminars have been sponsored by the American Cancer Society, Health Canada, the Mayo Clinic, the International Conference on Taoist Studies, the World Congress on Energy Healing, and numerous medical schools and cultural organizations. In 2004, Ken was the recipient of the Lifetime Achievement Award in Energy Medicine. Known for his friendly and engaging teaching style, Ken Cohen makes ancient healing practices easy to learn and a joy to practice. ([www.kennethcohen.com](http://www.kennethcohen.com))



## Jamie K. Reaser PhD



Jamie K. Reaser has a deep fondness for the wild, intimate, and unnamable. She received a BS in Field Biology, with a minor in Studio Art, from the College of William and Mary and her doctorate in Biology from Stanford University. She has worked around the world as an ecologist, communication psychologist, international policy negotiator, leadership trainer, and wilderness rites-

of-passage guide. She is also a practitioner and teacher of eco-psychology, nature-based spirituality, and various approaches to expanding human consciousness, as well as a writer (poetry and prose) and artist. Jamie has a passion for bringing people into their hearts, inspiring the heartbeat of community, and, ultimately, empowering people to live with a heart-felt dedication to Mother Earth. Jamie's award-winning writing explores the inter-relatedness of Nature and human nature. She has published 13 books and over a hundred articles in scientific and literary magazines. Most recently, her book, *RidgeLines: A View of Nature and Human Nature* received a Nautilus Book Award gold medal in lyrical prose and *Conversations with Mary: Words of Attention and Devotion* received a Nautilus Book Award silver medal in poetry. She is a Fellow of the International League of Conservation Writers. She is tended by the Rockfish River in central Virginia.

On July 5th Jamie returned to the Smithsonian Institute for the fifth time in her career. She'll be leading a project to assess the zoonotic disease risk of all wildlife imported into the United States. The research team will be global, interdisciplinary, and multi-sector/stakeholder. Ultimately, their task is to identify risk levels and risk mitigation options, including potential listing as injurious wildlife under the Lacey Act. Her duty station will be with the National Zoological Park's Smithsonian Conservation Biology Institute in Front Royal, Virginia.

## Core Values

of Healing Beyond Borders:

Integrity

Heart-centeredness

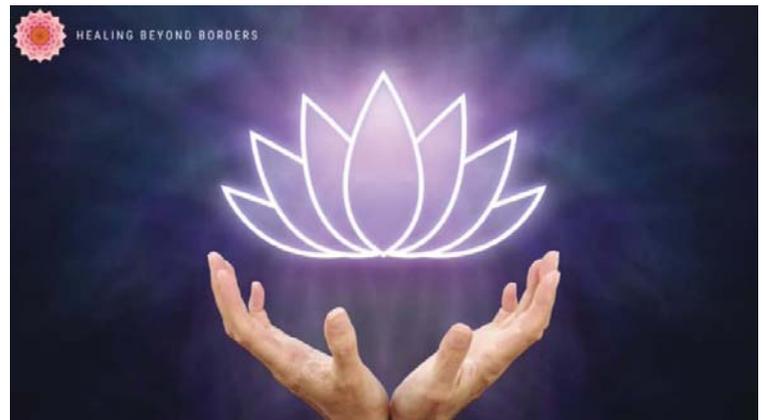
Respect of self and others

Self-care

Service

Community

and Unconditional Love



# Speakers

## **Irma D. Herrera J.D., Writer, Solo Performer, Social Justice Activista**



Irma D. Herrera is lawyer turned performance artist. For fifteen years, she served as the Executive Director of Equal Rights Advocates, a San Francisco based organization whose mission is to protect and secure equal rights and economic opportunities for women and girls through litigation and advocacy. During its almost 50-year history,

ERA's lawyers have successfully litigated cases numerous impact cases and greatly expanded opportunities for women. Irma has also worked with MALDEF, the Mexican American Legal Defense and Education Fund and as a legal aid lawyer representing Spanish-speaking farmworkers.

Irma received a Bachelor of Arts from St. Mary's University (San Antonio), pursued graduate studies at Trinity University in the Department of Urban Studies, and received her Juris Doctor from the University of Notre Dame. During a three-year hiatus from practicing law in the 1980s she taught law and social justice and worked as a free-lance journalist. Her articles on legal and cultural issues were published in the New York Times, the Washington Post, Newsday, and Ms. Magazine.

Irma is now a playwright and solo performer, who blogs on issues related to othering and belonging. "All of us affiliate and identify with groups based on different criteria: racial or ethnic identity, gender, socioeconomic class, trade or profession, taste in music, where we went to school. And as night follows day, we quickly stereotype and make judgments about others based on these criteria. Many of these stereotypes have been at the root of the historical discrimination that has disadvantaged many communities. Over the decades legal battles and legislation

have expanded equal treatment under law to people of color, religious minorities, the disabled, and all women. The reality however is that the civil rights of many are routinely violated.

Civil right laws adopted in the 1960s opened doors of educational opportunity unimagined by my parents. Education, the birthright for generations of people in the country, was routinely denied to the majority of people of color for centuries. My interests and passion for justice and equality led me to pursue a law degree and to rewarding careers in law, journalism, and now performance art.

In my work I explore what it is to be a class migrant who benefited from expanded opportunity, and I am committed to fighting the well-financed efforts presently underway to shut down these paths for marginalized communities. I am a refugee from a racially polarized South Texas town, who fell in love with big cities: San Antonio, New Orleans, Seattle, Rome, and San Francisco. I am both urbanite and anonymous small town girl. Mexican-American by birth, world citizen by choice, and proud speaker of Spanish, the greatest gift my parents bestowed. The study of languages and discovering how words from different languages connect is something I find downright thrilling. I love comedy, mimicry, puns, and anything that gets a genuine response from people, whether laughter or even a groan. My multiple identities are indivisible. At all times I am all of these: Chicana, Latina, madre, lawyer, playwright, mentor, critica, writer, stand-up comic, feminist, world-traveler, outdoors woman, avid hiker. My 30-plus years as a civil rights lawyer has provided me a front-row seat to the most exciting and challenging societal tectonic shifts. Living in the Bay Area's rich multicultural milieu, allows me to build deep and lasting friendships and loyalty to people whose racial, ethnic, and social backgrounds bear no resemblance to mine. I've got plenty to say about navigating in an increasingly multicultural world, especially when what I see and feel makes me most uncomfortable."

## **Eileen Day McKusick MA**



Eileen Day McKusick is a pioneer in the fields of the human biofield, therapeutic sound, and electric health. A researcher, author, inventor, educator, speaker and practitioner, Eileen has been researching health since 1987, and specifically how sound impacts health, since 1996.

She is the originator of the sound therapy method Biofield Tuning (with thousands of students trained worldwide since 2010), the founder of the Biofield Tuning Institute (which conducts grant funded, peer reviewed studies on the human biofield), and author of the award winning, bestselling book "Tuning the Human Biofield: Healing with Vibrational Sound Therapy", as well as the recently released "Electric Body, Electric Health".

Eileen is also the inventor of the revolutionary and much-loved tool, the Sonic Slider, the creator of a line of tuning forks and accessories, and the CEO of BioSona, LLC which provides sound therapy tools and training globally.

# Speakers

## Laurie Ellis-Young MTC, SYT



Laurie Ellis Young is an internationally recognized speaker, author, Senior Yoga Teacher (Yoga Alliance U.K.), MBSR instructor, (SHIFT) peace ambassador, and a pioneer in teaching optimal breathing.

During her early career in the stressful airline industry, Laurie vacationed by leading many adventure filled treks in the Himalayas and Andes. With limited oxygen, and the highest mountains in the world as her teachers she discovered the power of breath for "peak" performance, physically and psychologically. She has led groups to over twenty countries including Mexico, Guatemala, Peru, Ecuador, Bolivia, India, Nepal, Thailand, Tibet, Cambodia, France, Spain, and Italy.

Laurie's passion for breath intensified as she sought out various teachers and developed her own personal practice. Desiring to share this knowledge in every way possible, she founded Breathe the Change LLC and cofounded the nonprofit BreathLogic.

Laurie has a mission of sharing the extraordinary power in our ordinary breath with the world. She has practiced and studied breathwork, yoga, peace-building, mind/body therapies and wellness techniques from both ancient and contemporary traditions for over 45 years. Laurie is passionate about the potential in our breath for promoting brain function, stress resiliency and enhanced health & well-being.

As founding director of Breathe The Change LLC and co-founder of the non-profit BreathLogic, she is a pioneer in implementing the competencies of 'Breath Literacy' in centers of medicine, healthcare, education, corporations and humanitarian organizations. A yoga teacher, MBSR instructor, SHIFT Peace Ambassador, author and presenter, Laurie has worked with diverse populations on five continents.

## Mary Szczepanski MS, HNB-BC, CHTP/I

Mary Szczepanski has worked in nursing in psychiatric/mental health settings, education. She currently provides Healing Touch at the local hospital in Juneau, Alaska and also has



a holistic nursing private practice offering energy healing and related classes and techniques in person and online. Mary has served as chair and as a member of the Healing Touch International certification board and the Healing Beyond Borders Instructor Training

Committee. She has written 3 books related to energy healing including: Energy Healing: Reflections on a Journey, A Path of Healing, and Strands. She has taught classes and written articles on Ending Racism and has led support groups and book groups on the topic.

## George T. Ellis PsyD



George T. Ellis is a Licensed clinical psychologist with 40+ years of experience in conflict resolution, stress management, trauma, crosscultural psychotherapy, neuropsychology, and MBSR training.

George has been founding director of numerous programs within global organizations and NGO's including the UN, USAID, and OSCE (Organization for Security and Cooperation in Europe). He has practiced as a psychologist and consulted nationally, internationally, privately, in innovative schools, active conflict zones, telehealth and the US prison system.

## Sr. Eileen Kearney NT, CHTP/I &

## Sr. Marg Kehoe CHTP/I



Sr. Marg Kehoe is an Australian Presentation Sister who has been living in Latin America for the past 37 years. She has a degree in Education and has been a Certified Healing Touch Instructor for 16 years. She practices Healing Touch in "El

Centro Nana Nagle" and is the founding director of "Corazon de Nana", a wholistic center dedicated to the well being of children and adolescents in a human settlement on the outskirts of Lima, Peru. She has written a series of books "Soy Energia 1,2,3" for children introducing them to the amazing world of energy and helping them to awaken to themselves as healers. Marg co-leads a collective emergence experience called Continual Blossoming, a fresh experience of awakening consciousness together, a path of transformation in the Divine that changes the world from the inside out. She has served on the Prosh Board of Directors in Peru (the legal representative of HBB in Latin America) and on the Instructor Training Application Committee of Healing Beyond Borders.

Sr. Eileen Kearney is an Irish Presentation Sister living and working in Latin America for almost 40 years. She is an educator who believes strongly in the empowerment of women and children. She attended the first Healing Touch classes taught in Lima, Peru in 2000 and has been actively involved in the teaching and development of HT in Peru, Chile Honduras, Ireland and Zimbabwe – especially in marginalized communities. She is the director of Centro Nana Nagle – a holistic health centre responding to the needs of adults and children. She is a founding member of PROSH (Promoviendo Salud Holistica) in Peru and Chile and supports the organization in Honduras. She is a Certified Healing Touch Practitioner and Instructor and a member of the Instructor Advancement Committee. She sees Healing Touch as a powerful instrument for changing people's lives and creating oneness and harmony in our world.

# Speakers

## Rosalie Van Aken RN, PhD, CHTP/



Rosalie is an Australian Registered Nurse who has practiced mainly in the areas of mental health and drug and alcohol. She was also employed by Southern Cross University teaching in the areas of

Natural Therapies, Stress Management, Mental Health and Drug and Alcohol. She currently works as a private practitioner, mentor and teacher in the Perth area. Rosalie was awarded a PhD from Southern Cross University in 2004 for a study titled 'Emerging from Depression: the experiential process of Healing Touch studied through grounded theory and case study'. The area of energy work and emotional health are a major interest.

She became a Certified Healing Touch Practitioner and Instructor in 1996 and continues to have a bioenergetic healing practice and teach all levels of the HTI Healing Touch Certificate Program in the Asia Pacific Region. She has served on the Board of Directors, Certification Board, and is currently Chair of the Healing Beyond Borders Instructor Training Committee. She developed the Way of the Healer series of workshops during 2005 to assist healers to develop their energy system. Her objective is to share bioenergetic healing with as many people as possible through teaching, giving talks and doing the work.

She acknowledges the traditional owners of the land on which we work and pays respect to Elders both past and present.

## Yotam Heineberg PhD



Dr. Yotam Heineberg is a licensed clinical psychologist and a clinical faculty member at Palo Alto University, where he not only teaches but also offers clinical and experiential group trainings in resilience-oriented approaches to healing and growth such as Compassion Focused Therapy (CFT).

Yotam completed his doctorate at the PGSP-Stanford Psy.D. Consortium. He did his post-doctoral training and later acted as a healthcare Fellow at Stanford University with the Center for Compassion and Altruism, Research and Education (CCARE), where he developed various programs focused on resilience, burnout reduction, team building and compassion at the Dignity Health hospital chain. He designs and delivers programs and workshops for stress & burnout reduction, as well as employee retention and collaboration, in support of specific audiences such as nurses, clinicians, and executives in for-profit and non-for-profit settings. Yotam lives in San Francisco, runs a private practice and works with clients and organizations nationally and internationally.

## Ron Damico BS, Intuitive Healer, Spiritual Guide, Transformational Catalyst



Ron has been supporting people in the field of holistic health for more than twenty years and has provided spiritual and life guidance to thousands of people around the world. Ron's passion is to facilitate awakening for those who wish to evolve, expand, and energize their health and change their lives at a core level. A born

intuitive, Ron is renowned for his ability to bring profound healing to others, simply through the power of his voice, intention, and presence. Ron's innate energetic abilities are embedded with divine healing codes and he is able to transmit these inherent healing energies to others - both individually and through group practice.

In childhood he was intimately aware of the subtle energies in and around people, life situations, and nature. He saw things differently than others, and had what he calls a "knowing" - an awareness of a presence. At that time, Ron felt what he was sensing, and later learned to know. In a roomful of people, he could automatically adjust his energy to suit the room - whether it was in behavior, in mood, or in feeling state - by harmonizing his senses and rebalancing any dissonance that was occurring, he could bring the entire room into a balanced state. He also had a keen awareness of how others were feeling, and he knew, innately, how to listen, how to ask the right questions, and how to say just the most appropriate thing to help someone resolve their difficulties. Motivated by an unwavering desire to awaken at a soul level, to answer life's deepest questions, and to align with the pure essence of God, Ron has realized, honed, and mastered his unique healing abilities.

## Suzanne M. Hess PhD, CHTP



Sue Hess is an HRI Scientist and Assistant Professor at Roswell Park Comprehensive Cancer Center. She is a Certified Healing Touch Practitioner (CHTP) since 2005, a Course 1 Healing Touch (HT) Instructor in Training with Healing Beyond Borders with over 20 years of experience and is also Chair of the Healing Beyond Borders research

committee and Research Director. Sue brought HT to Roswell Park in Buffalo, NY and continued growing HT programs. Sue continues to present HT at events sponsored by Roswell Park and within the community, as well as helps develop HT research projects and programs across the United States and abroad.

# Speakers

## Joel G. Anderson PhD, CHTP, FGSA



Joel G. Anderson is an Associate Professor in the College of Nursing at the University of Tennessee. He holds a Doctor of Philosophy Degree in Nutrition from the University of North Carolina-Greensboro, a Bachelor of Science Degree in Biology from the University of North Carolina-Wilmington, and a certificate in Advanced Clinical Dementia Practice from the University of Michigan.

Dr. Anderson completed a NIH-funded postdoctoral research fellowship in the conduct of clinical research at the Center for the Study of Complementary and Alternative Therapies at the University of Virginia. Dr. Anderson's research program focuses on non-pharmacological interventions for symptom management and caregiver support in Alzheimer's disease and dementia care. This focus includes the use of social media as part of the family caregiving experience, as well as the unique needs of the LGBTQ+ caregiver population and older adults.

Dr. Anderson has received funding from the National Institute on Aging and the Pat Summitt Foundation. He consults on media strategies to promote public and patient involvement in research with the Centre for Medicine and Aging at the University of Stavanger in Stavanger, Norway. Dr. Anderson has published over 60 peer-reviewed articles in numerous academic journals, including *Research in Gerontological Nursing*, the *Journal of Complementary and Alternative Medicine*, *Brain Research*, the *Journal of Holistic Nursing*, *Holistic Nursing Practice*, and the *Journal of Family Nursing*. He is an elected fellow of the Gerontological Society of America, an active member of the International Dementia Scholars Collaborative and the International Family Nursing Association, and member of the Editorial Board for the *Journal of Family Nursing*. Dr. Anderson is the immediate Past-President of Healing Beyond Borders.

## Victoria E. Cornelius MD, CHTP, RYT 200 hours



Victoria Cornelius is Board Certified in Pediatrics and Internal Medicine, and Adolescent Medicine, and currently serves as Adjunct Professor of Pediatrics, Division of Adolescent Medicine St. Louis University Health Science Center. Previous positions include Assistant Professor of Internal Medicine and Pediatrics (clinical track) St. Louis University Health Science

Center, and Associate Program Director of Internal Medicine Program, University of Louisville, Louisville, KY, and Staff Physician and Educator in Emergency Medicine and Ambulatory Care, Newark Beth Israel Hospital (affiliated with UMDNJ).

Victoria has served on the Board of Healing Beyond Borders since 2016. Her education as a physician has laid the foundation for a medical practice. All her professional years have been as a practitioner and a medical educator. Yet, her experiences as a Certified Healing Touch Practitioner and a Yoga Instructor provide energy treatments and movements to encourage wellness from within. She notes:

"Healing Beyond Borders is an organization that brings this light and philosophy to the world. This organization offers a unique perspective. Our educational programs, certification, and conferences provide an anchoring community with that philosophy. The people, the mission, and the work continue to inspire me. And in giving, I have received. Thank you for the opportunity to contribute in this capacity."

## Lisa C. Anselme BLS, RN, HN-BC, CHTP/I

Lisa Anselme is a Registered Nurse of 42 years and a passionate, dedicated advocate for holistic/integrative health, and biomedical ethics. A long time consultant to health care facilities in integrative health, she is Executive Director for Healing Beyond Borders. She holds a Bachelors degree in Liberal Studies from the University of Iowa and pursued graduate coursework in Biomedical Ethics. She has co-taught biomedical ethics to Iowa medical students under the tutelage of bioethicist Dr. Robert Wier and served on panels for ethical decision making at the University of Iowa and Healing Beyond Borders.



Lisa has held certification as a Clinical Transplant Coordinator, is a Certified Healing Touch Practitioner and Instructor through Healing Beyond Borders, a Certified Holistic Nurse through AHNCC, a Usui Reiki practitioner and teacher, and Jin Ki Do practitioner. Lisa teaches Courses 1-5 of the HTI Healing Touch Certificate Program within the USA and internationally. She has expertise in the clinical areas of pediatrics, nephrology, and transplantation, and was part of the University of Iowa team that examined the effects of dietary protein restriction and strict blood pressure control in the randomized controlled clinical trial Modification of Diet in Renal Disease, and co-investigator in the N. American Pediatric Renal Trials and Collaborative Studies.

Lisa has published in professional health care journals and presented widely to both professional and lay audiences. She is editor of Healing Beyond Borders' quarterly publication *Perspectives in Healing*, co-author and co-editor of *Healing Touch: Enhancing Life through Energy Therapy* (2014), and co-author of the text, *Foundations and Practice of Healing Touch* (2017), Past President and co-founder of LifeSpark Cancer Resources and Energy Partners program, (Denver) and an instructor in the Holistic Health Program at Red Rocks College, Denver, CO. She serves on the Consciousness and Healing Initiative's (CHI) Practitioners Council. Lisa maintains a private practice in Holistic Nursing and Energy Therapies in Lakewood, CO.

# Speakers

## Wendie Colter MCWC, CMIP



Wendie Colter is a Certified Medical Intuitive, Master Certified Wellness Coach, and founder/CEO of The Practical Path®, Inc. Her accredited certification program, Medical Intuitive Training™, has been pivotal in helping wellness professionals develop and optimize their inherent intuition. Wendie's trailblazing research on medical intuition is published in the peer-reviewed Journal of Alternative and Complementary Medicine, and she is the author of the groundbreaking book, *Essentials of Medical Intuition: A Visionary Path to Wellness* (Watkins/Penguin-RandomHouse).



## Gina Bondurant BSN, RN, CHTP/I, Herbalist



Gina has been a Registered Nurse since 1997 working primary care on a pediatric and adult medical-surgical inpatient unit. Her roles past and present include Staff RN, Shift Coordinator/Charge Nurse, Certified Pediatric Advanced Life Support Instructor, Pediatric Clinical Educator in Staff Development: member Shared

Governance: Nursing Excellence Champions, Chair Sentara Pediatric Practice Forum focusing on development of best practice, policy and procedure to insure safe, competent care of children across a 13-hospital system in VA, MD and NC. Magnet Ambassador and Healing Touch Provider for hospital staff through the Care or the Caregiver Program.

Long interested in integrative therapies she is a Certified Healing Touch Practitioner & Instructor, a graduate of a Clinical Herbalist program in Western Energetic Herbalism, Level 2 Inner Sound. Therapy and Reiki 2 practitioner. She serves as the coordinator of the Blue Ridge Shenandoah Healing Touch Practice and Mentorship Groups, as a frequent volunteer offering Healing Touch in various settings including as part of the Healing Touch Mentorship team for INOVA Health Systems. She currently serves as President of the Healing Beyond Borders Board of Directors.

## Tami Briggs CHP, MBA, Therapeutic Harpist

After receiving her International Harp Therapy Program certification, Tami Briggs founded Musical Reflections located in Minneapolis, Minnesota in 1999. She has produced 15 CDs for relaxation and written two books. Her newest project is fulfilling her dream of using her harp for world peace by



founding Healing Harps for Global Peace and Unity (harpists around the world who play with love for unity, peace and planetary healing). Through the vibrations of the harp, the musical intention is to help you connect with your own inner peace so that you can radiate it out bringing peace and calm to the world.

## Jeanne Zuzel RN, MA, CHTP/I



Jeanne C. Zuzel is a dynamic and exciting international speaker/ instructor with many areas of true expertise. She has taught and Practiced Healing Touch Therapy for over 25 years. Jeanne worked to establish energy therapy programs at many hospitals in Connecticut and continues to support the holistic effort in combination with mainstream medicine. She has been

featured as guest speaker for local and corporate businesses and is a regular contributor to public access wellness programming. Her seminar "*Been There, Done That, What's Next*" is a regular feature request for stress management in the healthcare and corporate arena. Jeanne has developed workshops for nurses to assist in the reduction of "Burn Out" and "Compassion Fatigue".

She established the first Clinical Wellness Center in South Eastern Connecticut in 2009 and has served the community successfully for over ten years. Jeanne combines her 43 years of nursing experience with a practical application of Holistic concepts, thus offering clients and students the opportunity for ultimate personal growth, healing and learning. Jeanne enhances her practice by offering in person and on line seminars in Healing Touch Therapy, Spirituality, Expressive Arts, Holistic Wellness, Mindfulness, Pain & Stress Management and Compassion Fatigue.

Jeanne is a graduate of Newton Wellesley Hospital School of Nursing. Her undergraduate degree is from Trinity College. She holds a Masters Degree in Integrated Health and a 6th year certification in Expressive Art Facilitation. Jeanne is a Board Certified Holistic Health Counselor and a pioneer and leader in Holistic /Integrated Health. She lectures internationally throughout the year.

Jeanne has a private holistic care wellness practice in Coventry CT.

# Speakers

## Myra Tovey RN, BS, CHTI/P, HN-BC



Myra Tovey has been associated with Healing Touch as an organization since its inception in 1988 and studied with Brugh Joy, MD (the originator of the Chakra Connection), since 1981. Myra worked with Janet Mengten, the founder of Healing Touch, and two other nurses to help create a national program. Myra is a Certified Healing Touch Practitioner and Instructor. She has served both on the Healing Beyond Borders and American Holistic Nurses

Association Board of Directors. In the 1990's Myra served as consultant at Colorado Center for Healing Touch. She has long taught Healing Touch Courses 1 and 2 and was the instructor for course 2 Instructor training. Myra has authored, *Yes, I Will*, an autobiographical book, and *Meditations from the Heart*, a relaxation CD. Currently she teaches classes in Heart Centered Living and is an avid watercolor artist.

an autobiographical book, and *Meditations from the Heart*, a relaxation CD. Currently she teaches classes in Heart Centered Living and is an avid watercolor artist.

## Linda Thomas PhD, APRN, FNP-C, NPD-BC, CCRN, CHTP/I, HTAP

Linda Thomas graduated with a diploma in nursing from Orangeburg Regional Hospital School of Nursing (1974), BSN from UNC-Chapel Hill (1990), MSN from East Carolina University (1994), Ph.D. from East Carolina University (2010), and her Family Nurse Practitioner from American Sentinel College of Nursing and Health Science (2021). Linda embraces a holistic



approach to nursing and shares this concept with others. She believes we all have the power to heal ourselves and by holding the highest intention for the good of all mankind, we promote peace, harmony, and balance within, thereby transforming our world.

## Meghan Hayes MSN, ANP-BC, CHTP



Meghan Hayes is a Nurse Practitioner, Certified Healing Touch Practitioner, Singer-Songwriter and Landscape Designer. She is the owner-operator of Tabula Rasa Healing Services, and a Clinical Instructor at the Nell Hodgson Woodruff School of Nursing at Emory University. She is currently working on her fourth studio album.

## Diane Wind Wardell PhD, RN, AHN-BC, CHTP/I



Diane Wind Wardell has been with the Healing Touch community for 25 years and worked closely with the founder, Janet Mentgen. She is co-author and co-editor of *Healing Touch: Enhancing Life through Energy Therapy* (2014) and author of *White Shadow: Walking with Janet Mentgen*. She has also acted in research positions within the organization and nationally, and served as Chair of the

Certification Board of Healing Touch International, Inc. She has conducted studies on Healing Touch with the elderly and spinal cord injured patients and has published these findings and other articles on Healing Touch in professional journals. She is currently a Professor of Nursing at Cizik School of Nursing, a Certified Healing Touch Practitioner and Instructor, and has taught all levels of the nursing and Healing Touch curriculum.

## Mari Kelley RN, CHTP, CHTI, RPCV, PCRV



Mari Kelley has 41 years of Clinical and Administrative Nursing in Hospital settings, as well as Community Health Outreach Volunteer and Maternal and Child Health Specialist with the US Peace Corps in Uganda and Zambia. She served as Nurse Manager of Critical Care and Renal Dialysis at hospital institutions and initiated training staff in Healing Touch at the Department of

Veteran Affairs in Virginia and Los Angeles, CA for all interested Healthcare Professionals, raising awareness in the medical profession to energy therapy.

She has presented at numerous national and local conferences. Her private practice provides basic and advanced practice of a variety of healing modalities using energy-based concepts, tuning forks, and aromatherapy to restore wholeness and harmony to the Mind/Body/Spirit of persons seeking self-healing. Her private practice incorporates the nursing process, networking, mentoring, consulting, lecturing, teaching workshops for Healing Beyond Borders and Inner Sound Tuning Forks for the community. She continues to combine conventional and complementary therapies as an Integrative Healing Process.

# Speakers

## Vicki Marish RN, MSN, MSED, CHTP/I



Vicki Marish RN, certified Healing Touch Practitioner and Instructor for over 25 years, has always been interested in learning about using energy to support the healing of emotional traumas. Her client practice has brought her clients with physical and emotional challenges. She recognizes the impact of stress and life experiences on individual's lives. Her curiosity and desire to learn safe, no re-traumatizing energy-based methods that support long lasting emotional healing for individuals, has guided her to study Presence as a deepening and strengthening of Healing Touch for clients.

## Carol Geisler PhD, RN



Carol has been teaching and serving as the Research Coordinator in the Master of Arts in Holistic Health Studies St. Catherine University since 2004 and has guided over 250 graduate students in completing a master's thesis of their own choosing. Personally, she has been interested in the interconnections between mind, body, and spirit since she was a young child. Her life journey has taken her on an interesting and ever-evolving path where she has studied nursing, counseling, psychology, spirituality, energy healing, plants as medicine, soul purpose, ritual, death & dying, meditation, collaboration, and research as part of her own lifelong integrative health journey.

## Janet Marinelli MS



Janet Marinelli is Assistant Professor, and grateful to teach in the Master of Arts in Holistic Health Studies Program at St. Catherine University; she has been doing so since its creation in 2004. A highlight of her teaching career has been to lead the early collaborative development of curriculum. She has many interests, as her students do, including spirituality, energy healing, the arts and healing, women and myth, and Jungian psychology. The overarching theme for her teaching is transformative process, and it is a joy for her to work with students as we explore at the edge of knowing.

## Helen Turner BSc, OT, CHTP

Helen Turner holds a Bachelor of Science in Occupational Therapy from the University of Witwatersrand, Johannesburg, South Africa and has worked as an occupational therapist for nearly 40 years, both in Zimbabwe, Africa and Vancouver, B.C., Canada. She is a newly Certified Healing Touch Practitioner with a passion for learning and knowledge translation to advance Healing Touch practice.

## Rev. Bobbi Bell MDiv, CHTP



Bobbi Bell is a Lutheran pastor and Disneyphile who believes in God's revealed presence. She was an elementary and special education teacher utilizing energetic techniques with students and athletes while coaching sports and academic enrichment programs. Bobbi has attended the St Cloud, MN Citizen's Police Academy, Soul Injury, Pandemic Preparedness, EMDR conferences and more! A lifelong learner, she relishes the exploration and discovery of connections and relationships. Bobbi has been practicing Healing Touch and Healing Touch for animals since 2015, becoming a Pet Partners Therapy Team in 2018 and CHTP in 2021. Healing Touch has blessed her!

## Bonnie Thompson HTCP, CECPC/BCBP

Bonnie Thompson has been an Energy Medicine practitioner and educator since 2006. Always exploring the leading edge of knowledge on health and wellness, she specializes in supporting clients of all ages with managing stress states and working with emotional energy.

## Kristi Joy HTCP/I, LMT

Kristi Joy has been practicing Healing Touch since 2000. She is a Safe and Sound Protocol Certified Provider, Integrated Listening Systems, Licensed Massage Therapist and co-founder of Star Blossom Education, co-creating and teaching courses on Polyvagal Theory.

## Bettyanne Shannon MSN, RN, CHTP

Bettyanne Shannon is a masters prepared nurse with a background in marriage family therapy, art therapy and dreamwork. She specializes in assisting others to align with their higher guidance and attuning to inner and outer healing energies

## Elizabeth Willey BS, CHTP, Spiritual Director

Betsy Willey is a retired high school teacher, spiritual director, author of *Footprints of the Soul: A Creative Guide for Spiritual Journey Groups*, and retreat leader. She has spent years hiking and camping in the wilderness, including 20 trips to The Boundary Waters of Minnesota.

# 2022 Virtual Conference

Many Live Events will be recorded. Recorded Events will be available

|                           | Friday   | Saturday   | Sunday  | Monday  | Tuesday  | Wednesday   | Thursday                                     |
|---------------------------|--|--|---|---|--|---|--|
| (Mountain Time)           | October 14   | October 15   | October 16  | October 17  | October 18   | October 19  | October 20                                   |
| 8:00 AM                   | <b>Welcome</b> from Board of Directors <b>Opening &amp; Pinning Ceremony</b> | Coffee/tea break & Meditation w/ Joel & Gina                               | Coffee/tea break & Meditation w/ Joel & Gina                      | Coffee/tea break & Meditation w/ Joel & Gina                | Coffee/tea break & Meditation w/ Joel & Gina                                   | Coffee/tea break & Meditation w/ Joel & Gina                  | Coffee/tea break & Meditation w/ Joel & Gina |
| 8:30 AM                   |  |  |   |   |  |   |  |
| 9:00 AM                   |  |  | <b>ME1:</b> Yoga w/ Victoria Cornelius                            | <b>ME2:</b> Chair Yoga w/ Victoria Cornelius                | <b>W5:</b> Distance Healing Research w/ Diane Wardell                          | <b>K8:</b> Wardell, Tovey, Kelley Q&A                         | <b>W5:</b> Diane Wardell Q&A                 |
| 9:30 AM                   |  |  |   |   |  |   |  |
| 10:00 AM                  | <b>K1:</b> Resilient Spirit of Caring w/ JoEllen Koerner                     |  | <b>W3:</b> The Hero/Heroine's Journey w/ Bettyanne Shannon        | <b>K7:</b> Reiki Medicine, Self-Care w/ Pamela Miles        | <b>W9:</b> Qigong Foundations w/ Kenneth Cohen                                 | <b>W3:</b> Bettyann Shannon Q&A                               |  |
| 10:30 AM                  |  |  |   |   |  |   |  |
| 11:00 AM                  |  |  |   |   |  |   |  |
| 11:30 AM                  |  | <b>W1:</b> Ice to Water w/ Meghan Hayes                                    |   | <b>W6:</b> Medical Intuition w/ Wendie Colter               | <b>W18:</b> Zentangle w/ Jeanne Zuzel  | <b>W15:</b> Intentions: Past, Present, Future w/ Linda Thomas | <b>K11:</b> Heineberg                        |
| 12:00 PM                  | <b>K2:</b> Qigong Psychology w/ Kenneth Cohen                                |  |   |   |  |   |  |
| 12:30 PM                  |  |  |   | <b>W4:</b> Vicki Marish Q&A                                 | <b>K7:</b> Pamela Miles Q&A  | Healing Beyond Borders Business Meeting Report on Member site |  |
| 1:00 PM                   |  | <b>W2:</b> Healing Through the Vagus Nerve w/ Bonnie Thompson & Kristi Joy | <b>K6:</b> Breath is Life w/ Laurie Ellis-Young & George T. Ellis | <b>W7:</b> Create a Fair & Just Society w/ Mary Szczepanski | <b>W10:</b> Client Experiences V. E. Healing w/ Carol Geisler, Janet Marinelli | <b>W18:</b> Jeanne Zuzel Q&A                                  | <b>W12:</b> B Q                              |
| 1:30 PM                   |  |  |   |   |  |   |  |
| 2:00 PM                   | <b>K3:</b> Hacienda Camino Caminando w/ Kearney, Kehoe                       |  |   |   |  |   |  |
| 2:30 PM                   |  |  |   | <b>W1:</b> Meghan Hayes Q&A                                 |  |   |  |
| 3:00 PM                   |  | <b>K5:</b> One Woman Show w/ Irma D. Herrera                               | <b>W4:</b> Presence: It's All About You w/ Vicki Marish           | <b>K8:</b> Heart of Healing Touch w/ Wardell, Tovey, Kelley | <b>K6:</b> Ellis-Young & Ellis Q&A   | <b>W13:</b> Tending the Earth w/ Elizabeth Willey             |  |
| 3:30 PM                   |  |  |   |   |  |   |  |
| 4:00 PM                   | <b>K4:</b> Mindful Movement & Stillness w/ Michelle Reugebrink               | <b>K5:</b> Irma D. Herrera Q&A   |   |   | <b>K11:</b> Underpinnings of Compassion w/ Yotam Heineberg                     |   |  |
| 4:30 PM                   |  |  |   | <b>W2:</b> Thompson & Joy Q&A                               |  |   |  |
| 5:00 PM                   |  |  |   |   |  |   | <b>W7:</b> Szczepanski Q&A                   |
| 5:30 PM                   |  |  |   | <b>K3:</b> Kearney & Kehoe Q&A                              | <b>K13:</b> Raising One's Voltage w/ Eileen Day McKusick                       |   |  |
| 6:00 PM                   | Storytime & Meditation w/ Lisa   | Storytime & Meditation w/ Lisa   | Storytime & Meditation w/ Lisa                                    | <b>ME3:</b> Yoga for Sleep w/ Victoria Cornelius            |  |   | Storytime & Meditation w/ Lisa               |
| 6:30 PM                   |  |  |   |   |  |   |  |
|                           |  |  |   |   |  |   |  |
| <b>Event Color Codes:</b> | Live Events - Most will be recorded & posted.                                |  |   | Pre-Recorded Keynotes                                       |  |   | Pre  |

# Schedule (Subject to change)

Available throughout conference and viewable through December 31, 2022

| Thursday                                     | Friday                                       | Saturday  | Sunday  | Europe Times  | New Zealand             | Australia Times | Japan    |         |
|--|--|---|---|---|-------------------------|-----------------|----------|---------|
| October 20                                   | October 21                                   | October 22  | October 23                                    | Same Day  | Next Day                | Next Day        | Next Day |         |
| Coffee/tea break & Meditation w/ Joel & Gina | Coffee/tea break & Meditation w/ Joel & Gina | Coffee/tea break & Meditation w/ Joel & Gina      | Coffee/tea break & Meditation w/ Joel & Gina  | 4:00 PM   | 2:00 AM                 | 10:00 PM        | 11:00 PM |         |
|  |  |   |   | 4:30 PM   | 2:30 AM                 | 10:30 PM        | 11:30 PM |         |
| XYZ & ...<br>d w/ Joel<br>erson &<br>Anselme | W10: Geisler,<br>Marinelli Q&A               | W19: Instructor<br>& Leadership<br>Workshop       |   | 5:00 PM   | 3:00 AM                 | 11:00 PM        | 12:00 AM |         |
|  |  |   |   | 5:30 PM   | 3:30 AM                 | 11:30 PM        | 12:30 AM |         |
|  | K2: Kenneth<br>Cohen Q&A                     |   |   | 6:00 PM   | 4:00 AM                 | 12:00 AM        | 1:00 AM  |         |
|  |  |   | W8: Spiritual<br>Cinema w/ Lisa C.<br>Anselme | 6:30 PM   | 4:30 AM                 | 12:30 AM        | 1:30 AM  |         |
| Yotam<br>erg Q&A                             | W14: Biofield<br>Research w/<br>Suzanne Hess | W16: Learning<br>Ancient & New w/<br>Helen Turner |   | 7:00 PM   | 5:00 AM                 | 1:00 AM         | 2:00 AM  |         |
| amie K.<br>easer<br>eence:<br>ectives        |  | W16: Helen<br>Turner Q&A                          |   | 7:30 PM   | 5:30 AM                 | 1:30 AM         | 2:30 AM  |         |
| Healing<br>n Play w/<br>oi Bell              |  |   |   |   | 8:00 PM                 | 6:00 AM         | 2:00 AM  | 3:00 AM |
| obbi Bell<br>&A                              |  |   |   |   | 8:30 PM                 | 6:30 AM         | 2:30 AM  | 3:30 AM |
|  |  |   |   | W17: Graceful<br>Notes of Healing<br>Presence w/<br>Tami Briggs | W17: Tami<br>Briggs Q&A | 9:00 PM         | 7:00 AM  | 3:00 AM |
|  |  | W14: Suzanne Hess<br>Q&A                          |   |   | 9:30 PM                 | 7:30 AM         | 3:30 AM  | 4:30 AM |
|  |  |   | K9: Ron Damico<br>Q&A                         | 10:00 PM  | 8:00 AM                 | 4:00 AM         | 5:00 AM  |         |
|  | W6: Wendie<br>Colter Q&A                     |   |   |   | 10:30 PM                | 8:30 AM         | 4:30 AM  | 5:30 AM |
|  |  |   |   | 11:00 PM  | 9:00 AM                 | 5:00 AM         | 6:00 AM  |         |
| embracing<br>ature w/<br>Damico              | W15: Linda<br>Thomas Q&A                     | W20: Instructor<br>& Leadership<br>Workshop       | K1: JoEllen<br>Koerner Q&A                    | 11:30 PM  | 9:30 AM                 | 5:30 AM         | 6:30 AM  |         |
|  | K12: Songlines w/<br>Rosalie Van Aken        |   |   | Closing<br>Ceremony of<br>Monitored<br>Conference               | 12:00 AM                | 10:00 AM        | 6:00 AM  | 7:00 AM |
|  |  |   |   | 12:30 AM  | 10:30 AM                | 6:30 AM         | 7:30 AM  |         |
| Elizabeth<br>y Q&A                           | K10: Jamie K.<br>Reaser Q&A                  |   |   | 1:00 AM   | 11:00 AM                | 7:00 AM         | 8:00 AM  |         |
|  |  | K12: Rosalie Van<br>Aken Q&A                      |   | 1:30 AM   | 11:30 AM                | 7:30 AM         | 8:30 AM  |         |
| time &<br>ation w/<br>isa                    | Storytime &<br>Meditation w/<br>Lisa         | Storytime &<br>Meditation w/<br>Lisa              |   | 2:00 AM   | 12:00 PM                | 8:00 AM         | 9:00 AM  |         |
|  |  |   |   | 2:30 AM   | 12:30 PM                | 8:30 AM         | 9:30 AM  |         |
| e-Recorded Workshops                         |  |   |   |   |                         |                 |          |         |

# Opening & Pinning Ceremony

## Healing Beyond Borders Board of Directors

### 2022 Newly Certified Practitioners & Instructors



### **Keynote 1 - JoEllen Koerner** 1.5 contact hours

#### **The Resilient Spirit of Caring - Central to a Healing Presence**

The act of caring has been part of the human condition since the beginning of humanity. Healing professionals have evolved and adapted this gesture to a healing art serving the challenges and blessings arising in every era in history. COVID-19 threatened

humanity and our professionals served with a consistent pattern globally. We will explore the resilience of health care teams in crisis and how each challenge further informed and deepened our collective healing presence. *(Pre-Recorded with live Q & A)*

### **Keynote 2 - Kenneth Cohen** 1.5 contact hours

#### **Qigong Psychology: How the Body Transforms the Mind**

Does talking always solve a problem or does it reinforce painful memories, perhaps deepening old ruts of thought and behavior? Learn the qigong approach to emotional balance, how posture, breathing and the qi (energy) of the internal organs influence mental health. Ken will also introduce scientific evidence of qigong's healing benefits while suggesting mysteries beyond

measurement. Rooted in Taoism, qigong psychology is based on the healing power of nature, the emerging field of Taoist cognitive therapy, and, very importantly the powerful effects of the healing presence, in which one's own radiant qi causes a resonant healing effect in others. *(Pre-Recorded with live Q & A)*

### **Keynote 3 - Sr. Eileen Kearney & Sr. Marg Kehoe** 1.5 contact hours

#### **Haciendo Camino Caminando. We make the path by Walking.**

This presentation will share our presence in South America during times of disintegration; it's like living on the edge of a cliff, all of the time, and having to continually trust, let go, spread your wings, and fly. The ancient healing methods and practices of the Indian people, their love for the Pachamama, their spiritual guides, is such a rich gift. The intercultural relationship based upon mutual esteem and respect, between the ancient healing methods and Healing Touch, is always present and evolving within our PROSH

community. The resulting mutual interaction and co-creation that is from the richness of our being and the presence of all of us, creates a space where something new can emerge and we can respond to the reality in which we find ourselves. That sense of being one essence, that oneness, that trust in the community dynamic is built on this dynamic foundation and brings us to a point of healing. *(Pre-Recorded with live Q & A)*

## Keynote 4 - Michelle Reugebrink 2 contact hours

### Moving Into Presence - Mindful Movement and Stillness

In these sequential presentations, we will work with the 9 attributes of mindfulness (non-judging, gratitude, patience, a beginner's mind, trust, non-striving, acceptance, letting go, gratitude and generosity), other lessons along the way, and include some experiential practice and learning. Michelle will additionally be sharing three varied meditations:

Guided Lake Meditation, Guided Mountain Meditation and Guided Mindful Movement hatha yoga. Mindful Movement is the third major formal meditation technique that we practice in the stress clinic, along with the body scan and sitting meditation. We are unifying body and mind, which really means penetrating into the experience of them being not. You can also think of it as experiencing the unity or connectedness between the individual and the universe as a whole.

When you practice mindful movement, you are invited to be on the lookout for the many ways, some quite subtle, in which your perspective on your body, your thoughts, and your whole sense of self can change when you adopt different postures on purpose and stay in them for a time, paying full attention from moment to moment. Practicing in this way enriches the inner work enormously and takes it far beyond the physical benefits that come naturally with the stretching and strengthening.

NOTE: If you have physical limitations that are so serious that it would be difficult or damaging for you to even begin one or more of the practices, it is sufficient to simply vividly imagine doing the movements and/or postures. Neurologists tell us that vividly imagining physical movement involves the same motor neurons that come into play as when we actually physically move. *(Pre-Recorded)*



## Keynote 5 - Irma D. Herrera 1.5 contact hours

### Why Would I Mispronounce My Own Name? A One-Woman Show

Irma Herrera's Why Would I Mispronounce My Own Name? has been enthusiastically received around the country. The hour-long show is a work of creative non-fiction and is a mashup of personal narrative, lessons in American history, and stories about respecting people's names, even when they don't sound like "real" American names. The 20+ characters Herrera portrays invite audiences to experience what's in store for a Mexican American girl who leaves a segregated South

Texas town in search of educational and economic opportunities. Her political commentary about life in the United States is shared with humor and warmth, and by weaving history and comedic insights into stories about names, this solo performer asks us to consider how open and welcoming we are of people who are different from us.

*(Live Event followed by Q & A)*

## Keynote 6 - Laurie Ellis-Young & George T. Ellis 2 contact hours

### BREATH IS LIFE: The Wisdom & Knowledge of "Breath Literacy" for Presence & Healing

*"Educating the mind without educating the heart is no education at all." ~ Aristotle*

*"Educating the mind and heart without including the breath is missing the golden link." ~BeathLogic*

Simply and powerfully, breath means life. The quality of our breath directly impacts the quality of our lives—physically, mentally, emotionally, spiritually. The brain changes our breath to help us survive, but conscious breath can change our brain to help us to thrive. Work with our breath, is work with our hearts—it is an anatomical given. Our lungs "embrace" our hearts. Consciousness of our breath is core to increasing personal, collective, and planetary consciousness, mindfulness and heartfulness.

In this experiential presentation we will address why and how ancient and contemporary breathing techniques foster caring and healing from "inside out." Care for self is care for others. We will examine how to:

- Implement Breath Literacy: the wisdom and knowledge of how to breathe optimally moment by moment, breath by breath, and in circumstances throughout life
- Appreciate and manage your own nervous system in order to self-regulate and manage the nervous systems of others
- Breathe optimally as both an art and a science

You will leave this presentation being able to utilize 10 separate BLIPPs (Breath Literacy's Instant Power Practices). These prompt the brain to engage the PNS (parasympathetic nervous system) to support the body/mind/spirit connection, cultivating deepening presence and strengthening the body's innate abilities to promote healing from within.

*(Pre-Recorded with Live Q & A)*

## **Keynote 7 - Pamela Miles** 1.5 contact hours

### **Reiki: Medicine & Self Care**

Why has Reiki practice become so common in conventional health care, despite insufficient research? Let's take a look at what's behind this surprising development, and how the practice can support patients, families, and staff feel better, heal better, and avoid burnout, helping

us move toward whole health. Given there are no standards for Reiki education or practice, we will discuss questions to ask when evaluating Reiki Professionals or potential volunteers. We'll also discuss the primary obstacles to meaningful research. *(Pre-Recorded with Live Q & A)*

## **Keynote 8 - Diane Wind Wardell, Myra Tovey, Mari Kelley** 1.5 contact hours

### **The Heart of Healing Touch through Myra Tovey's Lens of Brugh Joy's Teachings**

In order to "move into presence" one must engage the attributes of the art as described by Brugh Joy, M.D. Myra Tovey worked extensively with Brugh Joy and attended various workshops with him. She was responsible for bringing the "heart" to Healing Touch. Since the first Healing Touch class,

Myra has worked to teach and model the work of the heart. In this workshop she will describe her experiences with Dr. Joy and provide the basis for the heart-to-heart meditation. She will be interviewed in order to clarify and provide depth for the participants. *(Pre-Recorded with Live Q & A)*

## **Keynote 9 - Ron Damico** 2 contact hours

### **Embracing the Future: Fully Becoming Who We Truly Are**

In this presentation, Ron will work with the holographic energies of our collective group to awaken and focus our healing energy, creativity, embrace the collective highest good, and lead us to our most authentic,

compassionate selves. He does this through the creation of safe, sacred space, use of intuition, collective presence, and permission. *(Pre-Recorded with Live Q & A)*

## **Keynote 10 - Jamie K. Reaser** 1.5 contact hours

### **Presence: Perspectives in the Face of Collective Trauma and Earth Systems Change**

Drawing upon her backgrounds in biology, psychology, and lyrical storytelling, as well as her deep and absolute reverence for the land

and its creatures, Jamie will offer her perspectives about the collective human trauma and Earth systems change. *(Pre-Recorded w/ Live Q & A)*

## **Keynote 11 - Yotam Heineberg** 2 contact hours

### **From Threat to Care-Cultivating Compassionate Presence Addressing Stress & Burnout using Compassion Mind Training**

The intersection of clinical work realities and the COVID-19 pandemic has created a broad range of challenges, fears, and stressors. Basic assumptions about safety have become eroded, resulting in higher rates of burnout and anxiety which we are all continuing to grapple with. Understandably, the realities at home and at work have become more stressful. These conditions highlight the need for stress reduction, as well as tools for sense-making and support in maintaining productive teamwork and collaboration in professional settings. In this presentation followed by a live experiential group encounter, Dr. Heineberg will offer participants skills for coping with these complexities, including some core grounding and emotional regulation techniques that focus on befriending your 'thinking mind'. Using the Compassionate Mind Training model (based on Compassion Focused Therapy, CFT) The workshop will address the brain's fears, blocks and resistances to compassionate presence, and ways to overcome them. Participants will learn about

the ancient tension between competition and collaboration, in order to balance motivational choices and support alliance building and productive teamwork. This will help reduce friction oriented competitive motivations that can damage wellbeing and hinder organizational success. Participants will also learn to recognize the different parts of the mind operating within us, to acknowledge the benefits of soothing and managing our anxious and angry threat-based selves and recognize the ways in which burnout can emerge for us. We will practice responding to these realities by cultivating a compassionate self-identity rooted in strength, wisdom, and a caring-taking collaborative motivation. This workshop will help us appreciate our innate capacities for compassion, mindful presence and resilience, and help us cultivate them further using meditation, inter-personal skills building, cognitive-behavioral, and somatically focused strategies. *(Pre-Recorded with Live Q & A)*

## **Keynote 12 - Rosalie Van Aken** 1.5 contact hours

### **Songlines**

In this workshop Rosalie will cite the ancient wisdom and healing of the Aboriginal people of Australia and share how we, in this modern world, can request to tap into that wisdom to maintain and grow our presence on the land in which we live. To the Aboriginal people 'country' is everything and all teaching comes from the Ancestors through the land. The workshop will explore 'songlines', as they have been named

by non-Aboriginal people, so there may be some understanding of the concept. Songlines underpin the whole Aboriginal culture. This is because the knowledge of culture that belongs to people comes from their participation in the songlines of their country. These songlines contain family stories and clan stories. *(Pre-Recorded with Live Q & A)*

## Keynote 13 - Eileen Day McKusick

### Moving into Presence: Enhancing Self-Regulation, Resilience, and Raising One's Voltage

This presentation is not approved for RN license renewal. It may be used for 2 contact hours toward the Healing Beyond Borders HTI Healing Touch Certificate Program certification or certification renewal applications.

We are self-tuning, human instruments, expressing the tonal, rhythmic songs of our DNA. The human biofield contains a very specific anatomy and physiology, that can be successfully modulated with the tone of a simple medical tuning fork to produce consistent and useful therapeutic outcomes. Humanity's current mental and emotional health challenges, as well as personal, collective, and ancestral trauma are

amenable to biofield tuning. In this "live zoom" presentation, we will have the opportunity to experience the Sonic Slider, a potential tool to support relaxed alertness and increase resiliency. We will also have the opportunity to experience a group tuning to raise our personal and collective voltage. *(Live Event)*

## Energy Movement Workshops

with Victoria Cornelius - 1 contact hour each (may attend all three)

**Yoga - ME1** -- We move our energy through both active and passive yoga poses and breath work. Each person will be guided in their own personal expression of such poses as Downward Dog, Child, and Dolphin. Curiously exploring the poses helps to bring mind, body, and spirit into harmony. Bring your mat and appreciation for all efforts. Open to Beginning & Experienced Practitioners. *(Live Event)*

**Chair Yoga - ME2** -- Chair Yoga is a specific form of yoga as therapy developed by Lakshmi Voelker in 1982, practiced sitting on a chair, or standing using a chair for support. The poses are often adaptations of

asanas in modern yoga as exercise. Use a very stable comfortable chair. Open to Beginning & Experienced Practitioners. *(Live Event)*

**Yoga for Sleep - ME3** -- We incorporate a relaxing yoga practice into our nighttime routine, releasing tension, which may improve the quality and duration of our sleep. The focus will be to get out of our heads and into diaphragmatic breathing and releasing the tension in the spine and especially the hips. Open to Beginning & Experienced Practitioners. *(Pre-Recorded)*

### Morning Coffee/Tea Break & Meditation with Joel G. Anderson and Gina Bondurant 1 contact hour each (may attend all nine)

A daily gathering, intention setting and meditation, and recap of our experiences with focused topics during this conference event. Bring your freshly brewed coffee or tea. *(Live Events)*



### Evening Meditation & Storytime with Lisa C. Anselme 1 contact hour each (may attend all seven)

An evening gathering and sharing of the days focused insights, with gentle meditation to promote self-nurturing and rest. Bring your freshly brewed decaf coffee or tea. Pajamas are welcome. *(Live Events)*



## Workshops (May attend all)

### 1. Ice to Water to Air: Healing into Presence by Releasing the Frozen Energy of Trauma 2 contact hours

Meghan Hayes MSN, ANP-BC, CHTP

Trauma is, by its very definition, a set of present-day emotions, reactions and behaviors stemming from energy trapped in the past. In order to help ourselves and others to be present to ourselves and engage with the Now, we must find ways to unfreeze and release the trapped energy of trauma. My workshop will introduce the neurobiology of trauma, discuss what trauma is and is not, highlight the role that Healing Touch (HT) can play in unblocking and releasing traumatic energy, and give examples of how HT has been used in a therapeutic setting to move trauma sufferers out of their frozen past and into the fluid present.

*(Pre-Recorded with Live Q & A)*

### 2. Healing Through the Vagus Nerve: Practicing Embodied Presence 2 contact hours

Bonnie Thompson HTCP, CECP/CBCP; Kristi Joy HTCP/I, LMT

Nervous system states and the human energy system reflect each other: nervous system state affects the energy system, and the

energy system affects state. As healers with this knowledge and awareness, we can support both sides of the coin to offer better client outcomes. The vagus nerve affects all aspects of our life experience: emotional, mental, physical, spiritual, behavioral, as well as our relationships. The new science of Polyvagal Theory helps us understand how the vagus nerve and the autonomic nervous system function, and provides a new lens through which to understand ourselves and view the healing process. When we can identify what nervous system state we're in, we can use that self-awareness to find our way back to embodied presence. We can also be more aware of how our presence has a direct effect on our clients. Once we understand ourselves better, we can help our clients see how their nervous system states are affecting their life and health. In this presentation, you'll learn the basics of Polyvagal Theory and how it relates to chronic illness, trauma, and the human energy system. You'll also learn effective tools to support healthy regulation of the nervous system, which in turn supports healing on all levels.

*(Pre-Recorded with Live Q & A)*

# Workshops

(May attend all)

## 3. The Hero/Heroine's Healing Journey: Honoring the Path

*Bettyanne Shannon MSN, RN, CHTP* **3 contact hours**

The purpose of this workshop is to provide guidelines for understanding how a deeper past, present and future perspective of Healing Touch can provide a healing impact on the client, the practitioner as well as in the global field of pandemic issues, wars, life challenges, dreams, nightmares, and climate issues. The healer's path is not linear. The Healing Hero/Heroine's journey highlights the awareness that past, present and future direction of Healing Touch modalities coexist in the present moment. The journey brings increased awareness to actualizing healing touch and how this modality can be in conscious service to the global community. According to Joseph Campbell, cultural mythologist, "A hero ventures forth from the world of common day into a region of supernatural wonder: Fabulous forces are there encountered, and a decisive victory is won: the hero comes back from his mysterious adventure with the power to bestow boons on his fellow man."

Healing Touch is a profound evidenced-based modality designed to bring balance to the physical, mental, emotional, and spiritual dimensions of clients. This workshop suggests that the Hero/Heroine's Healing journey is about transformational synchronicities and intuition of the practitioner and the client.

*(Pre-Recorded with Live Q & A)*

## 4. Presence: It's All About You 3 contact hours

*Vicki Marish RN, MSN, MSED, CHTP/I*

Healing occurs in the present moment. How then do we navigate the memories of past experiences without reliving them, while keeping everyone safe? There are practices and skills that may enhance safety while the client releases and resolves emotional experiences, leaving a memory without an energetic emotional reaction. In this workshop we will review theories of how trauma is stored in the body and how energy work can release it; intentionally prepare the healing environment as a safe energetic container; experience a variety of grounding techniques that support going deeper with higher frequency vibrations within the practitioner, to provide energetic support for all; discover presence as "Being With" the client to actively participate in their session; recognize and explore triggers that can cause disconnection for the client or practitioner within an energy session; and how, through the use of therapeutic presence, the practitioner can provide and maintain a safe environment for the client. *(Pre-Recorded with Live Q & A)*

## 5. Distance Healing Survey Findings 1.5 contact hours

*Diane Wind Wardell PhD, RN, AHN-BC, CHTP/I*

Distance Healing practice moved to the forefront during the pandemic based on the need to prevent the spread of the virus. Now, it will become an integral part of our healing practice as we move forward into the future. In this presentation, Diane will share findings from the Distant Healing Study entitled "The Energy Healing Provider's Experience During CoVid", in which a number of Healing Beyond Borders' Healing Touch Practitioners participated, and which was approved by The University of Texas Health Science Center at Houston, Cizik School of Nursing Committee for the Protection of Human Subjects.

*(Pre-Recorded with Live Q & A)*

## 6. Medical Intuition: Cultivating Intuitive Presence for Healing and Wellbeing 1.5 contact hours

*Wendie Colter MCWC, CMIP*

The practice of Medical Intuition considers the interplay between subtle energy patterns and conscious thought. When we "have a hunch," or a "gut feeling," we are tapping into unconscious energetic information that can bring deep and profound insights. Medical Intuition elevates these subtleties into a practical, on-demand skill, designed to illuminate a deeper understanding of the underlying patterns in both the body and the biofield. This awareness is intended to support our clients' and patients' healing journeys, as well as our own. Medical Intuition is not meant to serve as a diagnosis of illness or disease, but rather as an essential support to all wellness practices. Medical Intuition may be best described as a way to access the interconnected nature of human consciousness. This session presents the concepts and practices of Medical Intuitive "presence" through the use of nonlocal intuitive skills. Case studies will be presented that outline the use of Medical Intuition to support and promote whole-person health and wellness. *(Pre-Recorded with Live Q & A)*

## 7. Using Energy Healing Tools to Heal Racism and Create a Fair and Just Society 1.5 contact hours

*Mary Szczepanski MS, HNB-BC, CHTP/I*

Learn how many Energy Healing tools and skills can be applied to ending racism. Awakening to a more accurate history can shed light on shadow issues for practitioners and clients. Understanding how social patterns affect health can help us to live and practice more authentically. As we increase our capacity to hold higher frequencies, we become true light bearers. Participants will be invited to share their visions of a fair and just society. Members of the Ending Racism Book Group will share their thoughts after three years of weekly participation in the book group. Suggested reading prior to attending: *White Fragility* by Robin Diangelo, and *My Grandmother's Hands* by Resmaa Menakem.

*(Pre-Recorded with Live Q & A)*

## 8. Spiritual Cinema 2.5 contact hours

*Lisa Anselme BLS, RN, HN-BC, CHTP/I*

Once again, thought-provoking, vignette films will be offered and explored in the context of our conference theme, *Moving into Presence: Embracing the Future*. Using the lens of cinema and videography, we will reflect upon the messages, healing presence, the importance of relationship and healing, application to the work of energy healing, and the path of the soul towards wholeness in the human experience. *(Live Event)*

## 9. Qigong Foundations: Developing a Healing Presence

*Kenneth Cohen MA, Qigong & Tai Chi Grandmaster* **1 contact hour**

In this experiential class, you will learn powerful energizing and centering techniques from classic styles of qigong, China's ancient system of energy medicine. First learn the qigong detox method called "Drop the Qi and Clean the Organs" in which pure healing energy (qi) suffuses the body while pushing out stagnant and toxic qi. Then practice Standing Meditation, with precise instruction about alignment, breathing, relaxation, and mindfulness. Standing Meditation replenishes the dan tian, the body's reservoir of vitality in the lower abdomen. From Standing

# Workshops

(May attend all)

Meditation progress to Moving Meditation, swimming through the air with gentle opening and closing movements to increase energy flow and expand the field of healing qi around your body.

*(Pre-Recorded)*

## 10. Client Experiences of Virtual Energy Healing: The Future is Now 2 contact hours

*Carol Geisler PhD, RN; Janet Marinelli MS*

In this workshop presentation we report on a research study entitled "Client Experiences of Virtual Energy Healing", a study that embraces the future and adapts to a changing world, "envisioning and creating pathways to a future in which all beings are whole". During the COVID-19 pandemic, many aspects of healthcare shifted to virtual appointments and online support, including energy healing. As educators and practitioners, we recognized the potential of virtual energy healing grounded in quantum physics, and developed a pilot research project to describe participants' experiences of virtual energy healing. Fifteen female participants, with a mean age of 66 (range 41 - 82), received virtual energy healing sessions in their homes from one of two experienced practitioners. Participants rated their level of pain, relaxation, and wellbeing before and after the 30-minute session and answered open-ended questions in an online survey. Levels of relaxation and pain were measured and participant's report regarding their experiences. Participants were invited to submit a visual representation of their experience as well. From the qualitative data, several themes emerged and will be discussed. Virtual energy healing shows potential for supporting health and wellbeing because of its effectiveness and accessibility. Additionally, for many people, stress levels and subsequent health issues are intensified even further by living in a culture of chronic systemic discrimination, socioeconomic hardship, agism, and environmental racism. Increased virtual accessibility may make energy healing more available to all. Results suggest virtual energy healing shows promise. *(Pre-Recorded with Live Q & A)*

## 11. X, Y, Z, and Beyond: Engaging the Next Generation of Healers 1.5 contact hours

*Lisa C. Anselme BLS, RN, HN-BC, CHTP/I & Joel G. Anderson PhD, CHTP, FGSA*

Why can't things stay the way they were? Why is it so challenging to engage and retain people, particularly young people, in Healing Touch classes and practice? Where is the stick-to-it attitude and motivation among people today? Where is the compassion?! How will we educate the next generation, our successors, within the Healing Touch community and our organization? What skills will help us when working across generations? One thing is certain: if we don't plan on evolving and growing, we will become relics! Generational differences surprise many and often leave us frustrated and exasperated. Why do those from Generation X continually clash with Baby Boomers? Why can't Millennials just stick with it? And what about Generation Z and the Alphas?! This presentation will highlight the stories, values, and behaviors of multiple generational groups in society with an eye toward how we can engage the next generation of healers to ensure our heart-centered work continues. Examples for Healing Touch practice and education will be illustrated. *(Live Event)*

## 12. Healing and Resilience Through Play! 1.5 contact hours

*Rev. Bobbi Bell MDiv, CHTP*

In response to the construct we call time and our movement through it, we require attention to our self-care, healing and resilience. Whether learning a concept for the first time as a child or remembering what it was like to have the free abandon to create, express and enjoy an activity, we do so most effectively through play. This workshop will present - or remind you of - the wide range and scope of ways we need to engage our minds, bodies, and souls in the healing activity of play. Resilience and our ability to transcend the times we inhabit is facilitated by the many pathways constructed through the neuroplasticity of our brain in the practice of play. *(Pre-Recorded with Live Q & A)*

## 13. Spirituality and Tending the Earth 3 contact hours

*Elizabeth Willey BS, CHTP, Spiritual Director*

In this presentation, we will deepen awareness of the sacredness of creation through the lens of an inclusive variety of spiritual traditions, including indigenous, Celtic, Christian, Jewish, Islamic, and Buddhist. We will then look at the current environmental crisis, and offer hope, resources, and solutions for how one can contribute to life on earth. It is meant to be encouraging, inspiring, and informative while also being a wake-up call to frame the legacy we leave for future generations. The content will draw from *Regeneration, Ending the Climate Crisis in One Generation* by Paul Hawken, *Sacred Earth, Sacred Soul* by John Philip Newell, *Braiding Sweetgrass*, by Robin Wall Kimmerer, *The Story of More* by Hope Jahren and *Speed and Scale* by John Doerr.

*(Pre-Recorded with Live Q & A)*

## 14. Biofield Research: Looking Now at Where We Have Been and Creating our Future 3 contact hours

*Suzanne M. Hess PhD, CHTP*

This workshop will assess (NOW) published biofield therapy research from peer reviewed publications (PAST) in the three major biofield areas (Reiki, Therapeutic Touch, and Healing Touch) to help evaluate efficacy in particular health or disease-related areas using these energetic modalities. By considering these modalities all together, categorizing different patient populations, disease or health conditions studied, and outcomes assessed, and determining the levels of evidence of these published studies, we may be able to build a stronger case for the impact of these therapies for the general population at large as wellness tools, coping tools, symptom management tools, resiliency tools, and palliative and end-of-life options. This workshop complements the Healing Beyond Borders' theme by identifying potential areas of Healing Touch research to move forward in the future by assessing the other top 2 biofield therapies analyzed with peer reviewed studies and levels of evidence. This may prove to identify specific disparities in patient populations where biofield research is conducted, and may generate new questions and suggest outcomes that have not been assessed in past research studies. Collectively, it may show how biofield therapies have made impact in past studies and can be used in the present to help bring evidence-based studies to health care professionals to integrate biofield therapies into standard of care and shift the current western medicine paradigm through evidence-based biofield research. *(Pre-Recorded with Live Q & A)*

## Workshops

(May attend all)

### 15. Intentions: Our Past, Present, and Future: Its Impact on our Presence in the World **2 contact hours**

*Linda Thomas PhD, APRN, FNP-C, NPD-BC, CCRN, CHTP/I, HTAP*  
As Healing Touch practitioners, we set our intention for our client's highest good as we create a healing presence. Have you ever really thought about how powerful your intention can be, not only for your client but for yourself? What is this thing we call intention? Is it a physical force, an emotional or a spiritual force? This presentation will talk about the research behind what our intentions really are and how they can impact not only our present moment but also the past and future moments in time. Understanding the power of our intentions and realizing that we can create the situations we find ourselves in can truly change us. We will share some of the research that has been conducted in relation to intentions and how you can change your future as well as that of your client.

*(Pre-Recorded with Live Q & A)*

### 16. Learning from the Ancient and the New: One Practitioner's Journey **1.5 contact hours**

*Helen Turner BSc, OT, CHTP*  
Translating and applying knowledge into practice, drawing upon Porges' Polyvagal theory, Zuckav's Universal Human, and resiliency training, Helen will share her personal journey of moving into presence, and its application to her Healing Touch practice. She notes, "This is my passion. I will share my journey of learning from multiple sources, the application to my Healing Touch practice, and advances made. I hope to be an inspiration for others." *(Pre-Recorded with Live Q & A)*

### 17. Graceful Notes of Healing Presence **2 contact hours**

*Tami Briggs CHP, MBA, Therapeutic Harpist*  
The George Floyd murder happened in Tami Briggs' backyard

(Minneapolis); the ensuing violence and looting was frightening and sad. What could she personally do? Play her harp! She began saying, "I'll play for you!" (Instead of "I'll pray for you.") Her harp became her modality of healing presence. For 365 consecutive days, she played with positive intentions to contribute peace and calm to the world. These daily harp meditations have evolved into a very rich, deeply spiritual practice, using the harp's ancient vibrations in prayer, intention and distance healing. In these challenging times, being a healing presence is not optional! In this experiential session, Tami will demonstrate her "HARP" Program (Healing, Artful, Relaxing Program) offering additional ideas to connect with your inner peace and unique healing presence for self and others. As you radiate this peace and calm out to the world, you help amplify the frequencies and vibrations of everything around you. You are indeed a powerful healing presence! Join Tami Briggs, therapeutic harpist, as she weaves together practical tips, powerful stories and plays harp examples, demonstrating music's role in your journey as a healer. *(Pre-Recorded with Live Q & A)*

### 18. Moving Into Presence through Zentangle **2 contact hours**

*Jeanne Zuzel RN, MA, CHTP/I*  
Art has no boundaries or borders and transcends time and space. All beings are unique and creative. Zentangle is an easy-to-learn method of creating beautiful images from repetitive patterns. It is a fascinating new art form that is fun and relaxing. Zentangle provides a wonderful opportunity for stress reduction, reflection, personal growth and healing. Zentangle is a process of utilizing simple patterns to create intricate designs. It allows the participant to explore "life patterns" and assists with transitions and changes in those patterns. *Materials recommended: pencil with no eraser, gel pen or a fine point felt tip pen, 4x4 squares of card stock or heavy paper. (Pre-Recorded with Live Q & A)*

## 19. & 20. Instructor & Leadership Meeting(s)

**Instructors and Instructors-in-Training**

*1.5 contact hours each*

*(may attend both)*

Facilitators, Moderators: *Gina Bondurant BSN, RN, CHTP/I, Herbalist; Caroline Niewenhous RN, BS, CHTP/I; Members of the Healing Beyond Borders Instructor Training Committee*

In this workshop, we will share feedback from an upcoming instructor questionnaire, and use that information to formulate plans and opportunities for growth for students, practitioners and instructors. *(Live Events)*



## Closing

October 23, 2022

On-Demand Viewing of  
conference continues through  
December 31, 2022

# 2022 Virtual Annual Conference Registration

Please print clearly, one form per attendee. This registration and payment of fees reserves your space.

*NOTE: All attendees consent to be photographed/videotaped for use in HBB marketing materials.*

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### Required for Reporting

Are you a Nurse?  Yes  No  
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Yes, I give HBB permission to include city, state and email on the Participant Listing given to all attendees \_\_\_\_\_ (signature)

Yes, I plan on being **pinned** at conference. Pinned By: \_\_\_\_\_

Registration is simplified; one price provides you with full access to all recorded live and on-demand general conference offerings through October 23, 2022. All content will then be available on-demand through December 31, 2022.

*Note: You can register on-line at [www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org)*

*There are optional three and four month payment plans available in our on-line registration.*

### HBB Member Rate vs. Non-Member Rate

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| Instructor Meeting and General Conference - AUSTRALIA residents only.....                       | \$237.00 | USD | _____ |
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| Instructor Meeting and General Conference - NEW ZEALAND residents only.....                     | \$214.00 | USD | _____ |
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|  |          |     |          |     |       |
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| General Conference.....                                | \$300.00 | USD | \$350.00 | USD | _____ |
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| General Conference - JAPAN residents only.....         | \$225.00 | USD | \$263.00 | USD | _____ |
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