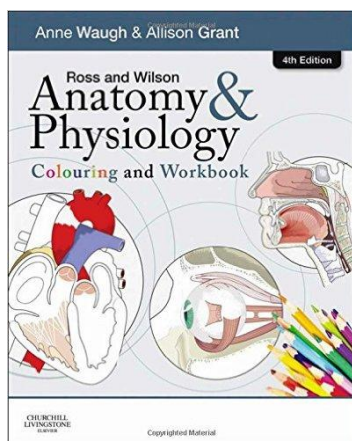


Anatomy and Physiology Resources

The resources that follow are provided as a starting point for students and practitioners who may feel either their Anatomy and Physiology background is limited or they would like to refresh their knowledge to enhance the connections with their understanding of the energy field.

TEXT RESOURCES

[Ross and Wilson Anatomy and Physiology Colouring and Workbook](#) (Paperback) 2014, 4th edn. by [Anne Waugh BSc\(Hons\) MSc CertEd SRN RNT FHEA](#), [Allison Grant BSc PhD RGN](#)



Amazon descriptor:

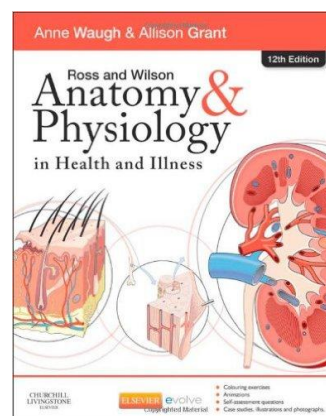
This popular workbook is based on the best-selling text Ross and Wilson: Anatomy and Physiology in Health and Illness, a favourite with an array of students including nurses, nursing students, students of the professions allied to medicine, paramedics, ambulance technicians and complementary therapists whose course includes study of anatomy and physiology. It has been written to appeal to the same audience and to be used in combination with the main text or with course notes or other anatomy and physiology textbooks. It complements different styles of learning and will assist the student by providing stimulating learning activities to facilitate and reinforce learning or revision.

Ross and Wilson Anatomy and Physiology in Health and Illness, 12e Paperback – 1 May 2014

by [Anne Waugh BSc\(Hons\) MSc CertEd SRN RNT FHEA](#) (Author), [Allison Grant BSc PhD RGN](#) (Author)

Amazon descriptor:

Ross and Wilson has been the number one choice for **over a million** students since it first published, over 50 years ago. One of the world's most popular textbooks of anatomy and physiology, it introduces the structure and functions of the human body and the effects of disease or illness on normal body function. More than any other text *Ross and Wilson* uses easy-to-understand, straightforward language, enhanced by colour illustrations and a huge range of interactive online activities, to make learning more visual and engaging.



Ross and Wilson is essential reading for anyone embarking on a career as a healthcare professional, especially in the nursing and allied health professions, complementary / alternative medicine or as paramedics and ambulance technicians.



ONLINE RESOURCES

Alison – A New World of Free Certified Learning



1) Diploma in Human Anatomy and Physiology

Learn more about the anatomy and physiology of the human body.

<https://alison.com/courses/Diploma-in-Human-Anatomy-and-Physiology>

Course Description

Great advances have been made in the field of anatomy and physiology of the human body. ALISON's free online diploma course introduces you to the basic anatomy and physiology of important systems in the body such as the cardiovascular system, respiratory system, reproductive system, skeletal system, nervous system and others. For each system covered in the course, the anatomical features are outlined and the physiological functions are explained.

ALISON's anatomy online course will be of great interest to students of anatomy, physiology, biomedical science and medicine, as well as any learner wanting to expand their knowledge and understanding of the human body.

Duration 15-20 Hours

Publisher AMEDD Center and School

Video None

Audio None

Assessments Yes

Certification Yes

Minimum Grade/Class Level

Price 0 – Free

2) Massively Open Online Courses (MOOCs)

Flinders University, Adelaide: About MOOCs

The concept of Massively Open Online Courses (MOOCs) is quite powerful. The idea that anyone will be able to learn new skills through high-quality online courses from anywhere in the world sounds too good to be true. In the past, many new technologies and concepts have promised to change the world.MOOCs, which have the potential to improve both quality and access for education globally, have been around only for the last few years.

3) Massively Open Online Courses (MOOCs) are freely available, short online courses that are available to anyone to participate in. They are active spaces made up of people like you – curious and willing to share your learning with others. MOOCs bring people together from all over the world around a common idea and provide a structure for engaging with that idea. There are usually no restrictions on the number of participants, meaning that they can be “massive”. Although they may be made up of similar materials to traditional online courses (videos, readings, learning activities), they can be different from traditional online courses in the way people participate and may have some facilitation, or be completely self-directed.

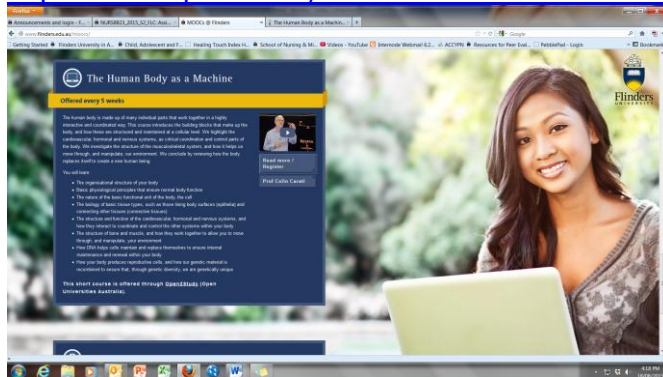
Why is Flinders Offering MOOCs?

In 2013, as part of the Online Learning Trials project, Flinders University has experimented by purposefully applying a few different approaches to developing MOOCs. We think this is a good way of learning about what participants want and expect, and to learn lessons about how to build open courses in a sustainable way to support online learning at Flinders University.

We are exploring MOOCs as free courses that can offer a taster of courses at Flinders, and MOOCs that are grass-roots challenges, that emphasise community engagement to solve real-world issues.

<http://www.flinders.edu.au/moocs/>

<https://www.open2study.com/courses/the-human-body-as-a-machine>



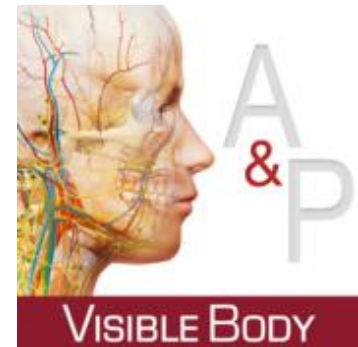
APP

1) A & P Visible Body Version 3.0.17 \$54.99
Anatomy & Physiology – An Introduction to Body
Structures and Functions.

<https://itunes.apple.com/au/app/anatomy-physiology-introduction-to-body-structures/id666460498?mt=12>

Description

Get Anatomy & Physiology and start your step-by-step visual introduction to each human body system. This app uses 3D models, illustrations, and 3D animations to present the core concepts in an undergraduate A&P course.



2) Anatomy Bundle by WAGmob

By WagMob

<https://itunes.apple.com/au/app/anatomy-bundle-by-wagmob/id610257917?mt=12>



3) Anatomy and Physiology ~ Applied Human Anatomy and Physiology for
Holistic Bodyworkers

<http://www.hht.co.nz/courses1.html>

Qualification: Certificate in Applied Human Anatomy for Holistic Bodyworkers.

NZQA Level: 5

Credits: 50

Hours: 500 (9 hours per week, part-time one year, or 4.5 hours per week 2 years).

However, there are no “deadlines” for the programme, and if your Life changes so you are unable to complete within a one or two year time frame, we can put you on “hold”. You can also, of course, complete much more quickly than this – it’s over to you ??It usually takes people much less than 500 hours – NZQA tends to “dumb things down”.

Delivery: Distance Learning; full tutor support, CD/DVD learning aids available; glossaries of all key terms for each Module are included.

Assessment: One Assignment per Module (11 Modules), open book ~ 40% of your total mark comes from your combined assessment results.

Final exam: 3-hour paper, open book, supervised by your nominated supervisor, counts for 60% of your final total.