



BECOME A HEALING TOUCH PRACTITIONER

UNIT 1 – Foundations of Healing Touch®



Foundations of
Healing Touch

UNIT 1



Australian Foundation for Healing Touch Inc
www.healingtouch.org.au



Healing Touch is a relaxing, nurturing energy-based therapy that uses gentle touch to assist in balancing physical, mental, emotional, and spiritual well-being. It is used in a variety of settings including hospitals and private practice.

Unit 1 – Foundations of Healing Touch®

This introductory course explores the concepts and core values that underpin Healing Touch therapy and practice, and techniques for assessing the energy field and energy centres. The workshop is also a time of healing and nurturing for all who attend. See healingtouch.org.au for more information. To register go to trybooking.com/eventlist/AFHTI.

Course Duration

Two (2) full days, usually over one weekend.

Study Mode and Materials

Face-to-face learning. A workbook will be supplied; bring a pillow and light blanket.

Dates and Locations

Courses held across Australia. For details go to healingtouch.org.au/course-schedule.

Course Fees*

\$440 full fee

\$40 early bird discount (*if paid in full within 30 days of the course*)

\$290 concession – ID required**

\$150 course repeater**

** *no further discounts applicable*

* *see website and Trybooking course registration for terms & conditions*

Payment

Payment can be made online with your registration or as arranged with the Course Coordinator. Payment must be made in full prior to course commencement.

Entry Pre-requisites

No prior learning or experience is required. English language proficiency is essential, along with a desire to develop a sensitivity for this mode of healing.

Instructors

AFHTI courses are led by Certified Healing Touch Instructors, who are highly trained and bring their own clinical experience to provide learning/treatment context.

Practical Instruction

Instruction is both theoretical and practical, allowing students to learn treatment procedures on each other (under supervision).

Course Objectives

The learner will be able to:

- Explore qualities and self-care needs of a Healing Touch Practitioner
- Discuss the facets of Healing Touch that support healing
- Demonstrate the ability to remain grounded, present and heart-centred
- Apply the Healing Touch framework
- Evaluate the energy centres (chakras) and related energy layers that surround the body
- Describe rationale of specific Healing Touch techniques
- Understand Code of Ethics, Standards of Practice and Scope of Practice required.

Recognition of Learning

Australian Traditional Medicine Society (ATMS) and Australian Health Practitioner Regulation Agency (AHPRA) recognise AFHTI courses with Continued Professional Development points.

AFHTI Membership

Unit 1 graduates may apply for AFHTI membership.

Becoming a Practitioner

Successful completion of Units 1-5 plus current AFHTI membership is required to become a Certified Healing Touch Practitioner.

Further AFHTI learning Unit 2 – Energetic Patterning and Clinical Applications®

This course continues on to increase the learner's understanding of Healing Touch.

Email info@healingtouch.org.au for more details or go to www.healingtouch.org.au.



Energy therapy for body, mind, spirit